# LIFE Huddle: Getting together to talk through issues of life

## **Mind Games**

#### The Game is a reflection of who you are.

Who you are on the court is who you are off the court. What you've practiced your whole life is what you are now. Who you are today is who you've been practicing to be all your life.

### The Game is just practice.

"Be alert and sober minded. Your enemy the devil prowls around like a roaring lion looking for someone to devour." 1 Peter 5:8 The enemy's main goal is to get you to give him an opening to take over. He throws lies to see if you'll bite. What you practice, you become.

#### Don't let the enemy take you out of the game.

"Keep your peace and God will fight your battle." Exodus 14:14 Holding onto God's promises gives Him the opening He needs to fight for you. Your peace is one of the most valuable things you have, it gives you the mind to call on God and let God do His job. Let God be God and do His thing.

**P2R (Point 2 Remember):** Keeping control of your mind with God's peace will make sure the enemy never gets to win the ultimate game of life.

LIFE Huddle: #RunAsOne