

Praise is what I do when I want to be close to you!!!

“Clap your hands, all you nations; shout to God with cries of joy..”

Psalm 47:1

Over the last couple of months I have gone to quite a few Christian/Gospel concerts. For me it is a great time of release and just being in the presence of other believers all with the sole purpose to praise & worship the Lord. It is a time to forget about what is going on around me and focus on him. Basically a time to Let Go and Let God.

Let's be honest, Life isn't always easy. As a believer or non-believer, life brings you face to face with many obstacles, trials & triumphs. In one day you can go from having a good day, to the worst day and back to The Best Day Ever. It was kind of the story of Virginia's championship run. Many of the games they were losing and thought they were done, but they fought back and won it all.

Just like a fan at the game who makes ton of noise throughout the game, we have to be the same way in our life and our walk. Our team can be up by 10 and we are cheering. Or we can be down by 5 and we start cheering, hoping that it will help to jumpstart our team on a comeback. The same applies in our life. When we are having the best day of our life, Praise Him. On the flip side, when we are at our lowest point, we need to Praise Him. Obviously this isn't always easy. How do the people in Sri Lanka Praise Him during the tragedy they are going through?

For me, I have gotten to the point where I don't know what else to do. Some days you maybe see a smile on my face, but inside I'm stressed, worried and freaking out about my marriage, finances, health of my parents, job, house and could go on & on!!!! I praise him because I'm messed up and need help. I praise him because I often doubt I'm the one who can do the job I'm called to do. I praise him because honestly I am a failure but for some reason he sees fit to help me succeed. The point is I don't praise him for anything I have done or can do. It is all him. I need him, I need to depend on him (even though I don't always do this). Just like David in Psalms I praise him because I need to get close to the only one who can help me, fix the situation and get me through. Psalm 150, 13:6, 16:7, 18:3, 28:7, 30:4-12

What I'm getting at is we need to get in habit of Praising the Lord. Getting into his presence and worshiping him!!!

P2R (Point 2 Remember): What is your song, that you sing to the Lord? What are you hanging on to that you still need to let go of and let the Lord have control of? I challenge you for the next week every morning, pick a song & Praise Him!!!!
Psalm 150:6 “Let everything that has breath Praise the Lord, Praise the Lord”

Praise Is What I Do

William Murphy

Praise is what I do
When I want to be close to You
I lift my hands in praise
Praise is who I am
I will praise You while I can
I'll bless You at all times

I vow to praise You
Through the good and the bad
I'll praise You
Whether happy or sad
I'll praise You
In all that I go through
Because praise is what I do
'Cause I owe it all to You

Praise is what I do
Even when I'm going through
I've learned to worship You
Though my circumstance doesn't even stand a chance
My praise outweighs the bad

I vow to praise You
Through the good and the bad
I'll praise You
Whether happy or sad
I'll praise You
In all that I go through
Because praise is what I do
'Cause I owe it all to You

Praise is what I do
It's what I do
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