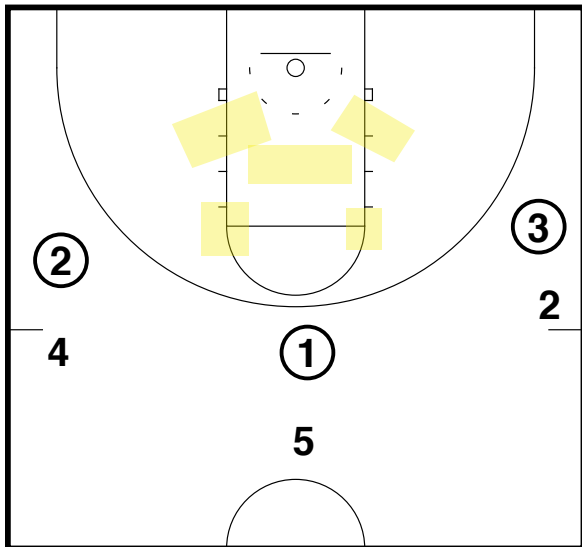
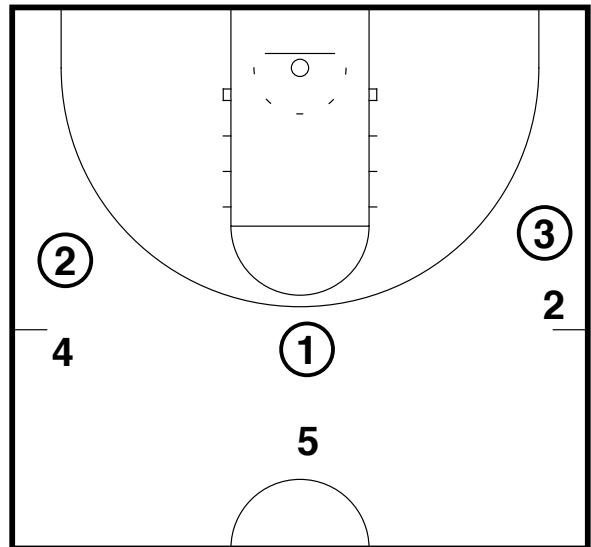


# Ganon Baker

## Kill Boxes Drills



## Kill Boxes Drills



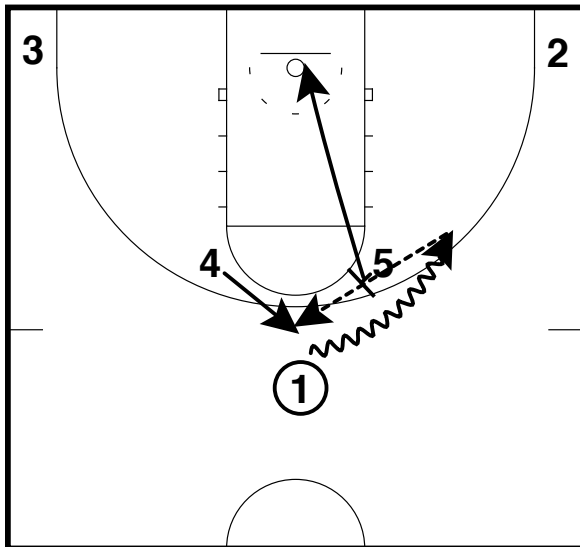
Kill Boxes: 5 spots want to work on getting in to 4 reasons to get there:

1. more fouls
2. high fg%
3. more receivers
4. more offensive rebounds

- All players r dribbling a ball
- Coach will pass ball to any player, must keep dribble while catching w other
- Execute different dribble moves

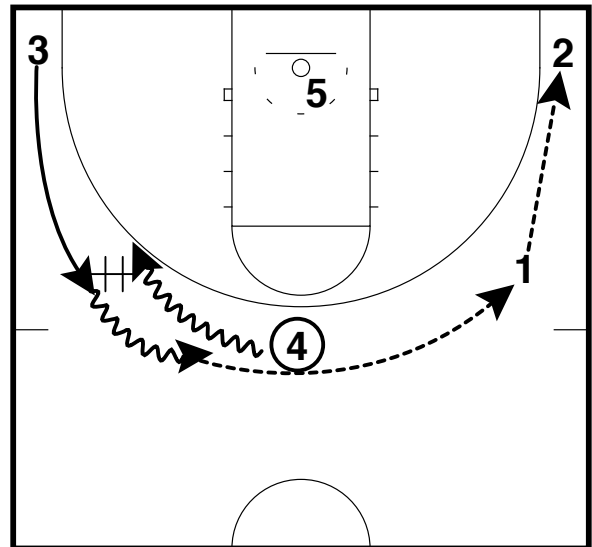
# Doug Collins

Horns  
Horns



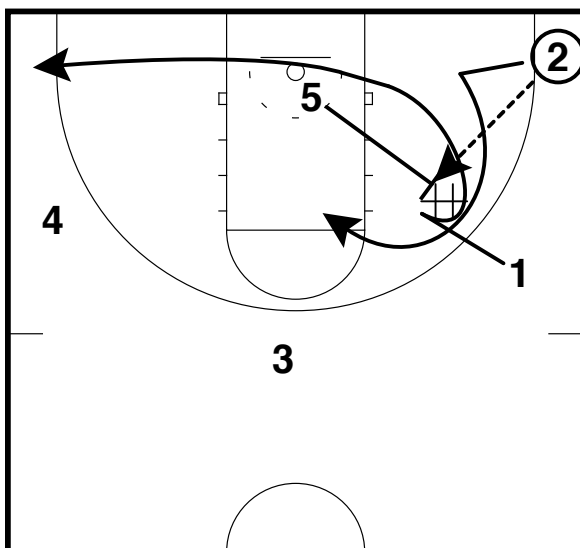
1 comes off 5's screen  
5 dives to rim  
4 pops for reversal  
Look for hi-lo here or into GET actions 2nd side floor

Horns  
Horns



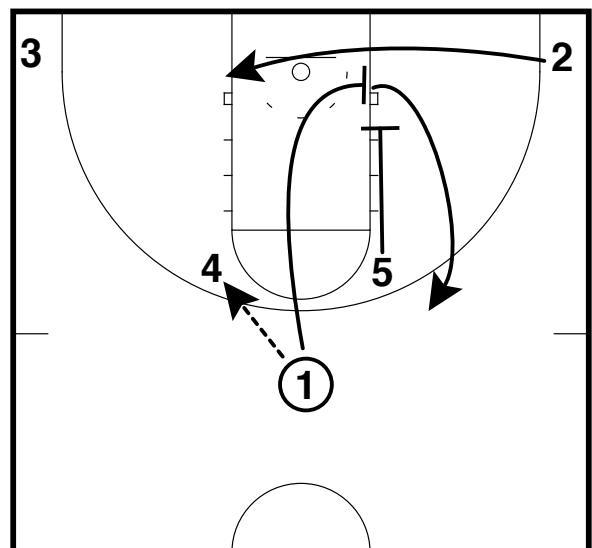
4 dribbles at 3 for handoff  
3 looks to reverse the ball across to 1 to 2

Horns  
Horns



pass to 2 in corner, 1 gets rip screen from 5  
2 hits 5 and cuts off 5 for handoff

Horns Weak  
Horns

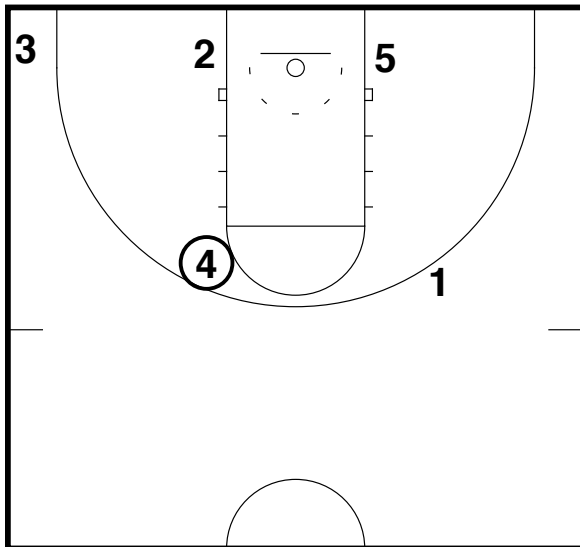


Hi post entry to 4  
1 cut thru lane to set flex screen for 2  
5 sets pin down for 1

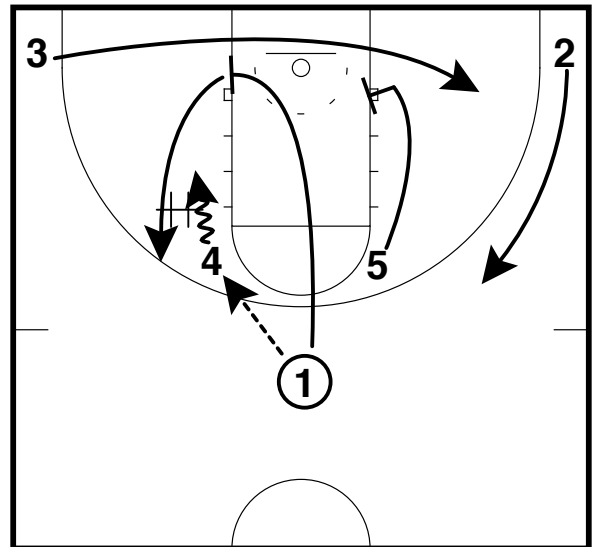
can also wrinkle and set rip screen for 5

# Doug Collins

Horns Weak  
Horns

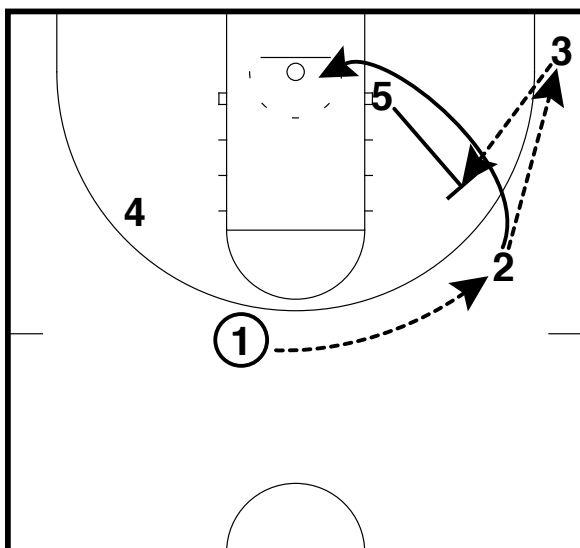


Horns Strong  
Horns



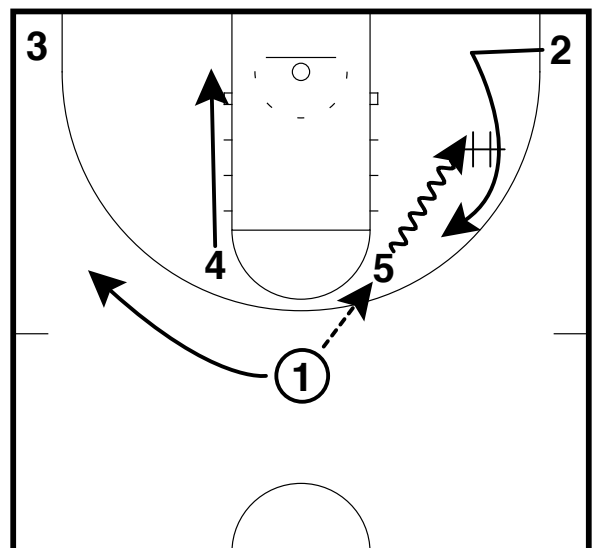
1 enters to 4 and sets flex screen for 3  
 2 fills up to wing  
 5 drops to block and sets 2nd screen for 3 to corner  
 1 looks to get handoff from 4 as 4 dribbles at

Horns Strong  
Horns



If nothing on handoff, 1 can reverse and then we are in our GET actions with rip screen and post handoff

Horns Away  
Horns

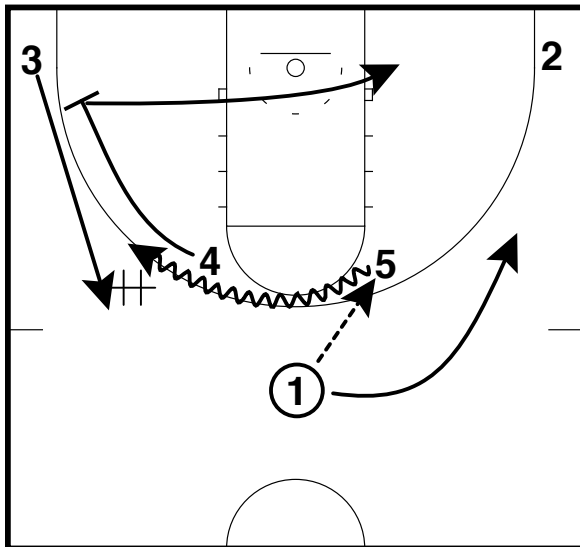


1 hits 5 and cuts away  
 4 cuts down to block  
 5 dribbles at 2 for handoff

Run into our GET actions on other side of floor

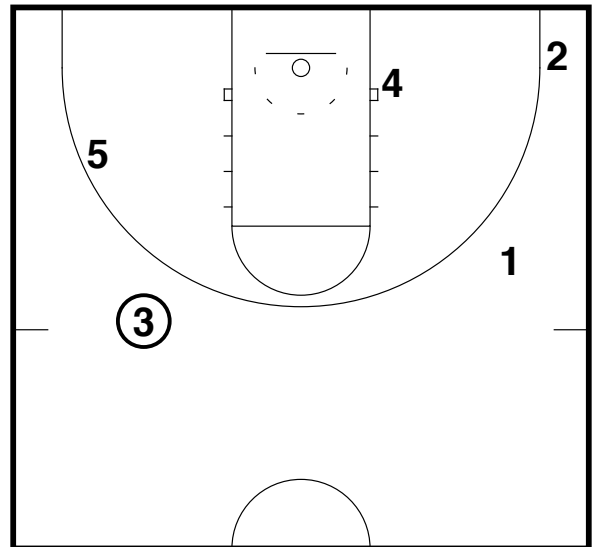
# Doug Collins

Horns Split Away  
Horns



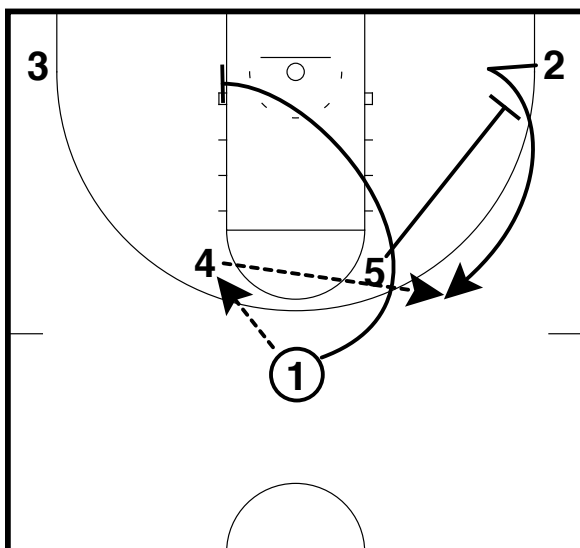
1 hits 5 and cuts away  
4 screens for 3 who then gets handoff from 5  
4 cuts to opp block after screen

Horns Split Away  
Horns



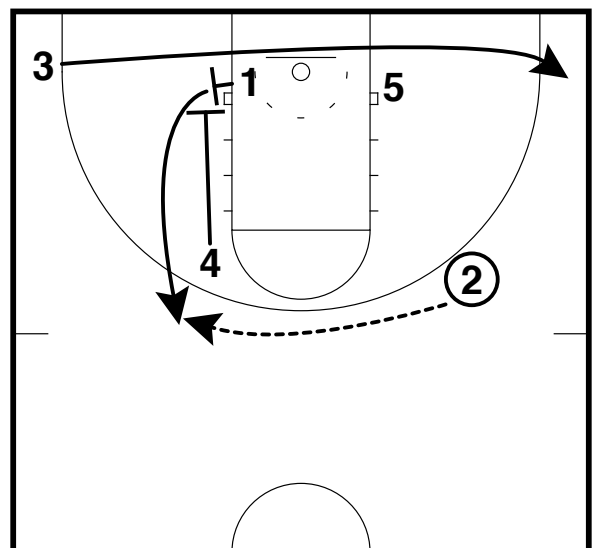
If nothing off handoff, into our GET actions on opposite side of floor

Horns Wide  
Horns



1 enters and cuts around opp post to set screen  
5 gets 2 after 1 cuts around

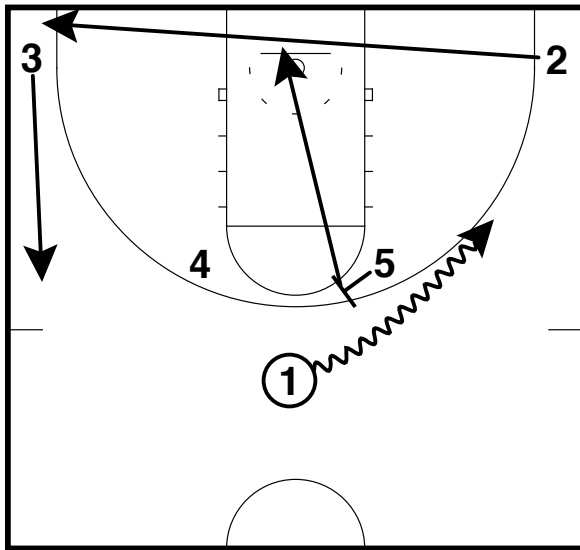
Horns Wide  
Horns



Into flex action on opp side on pass to 2

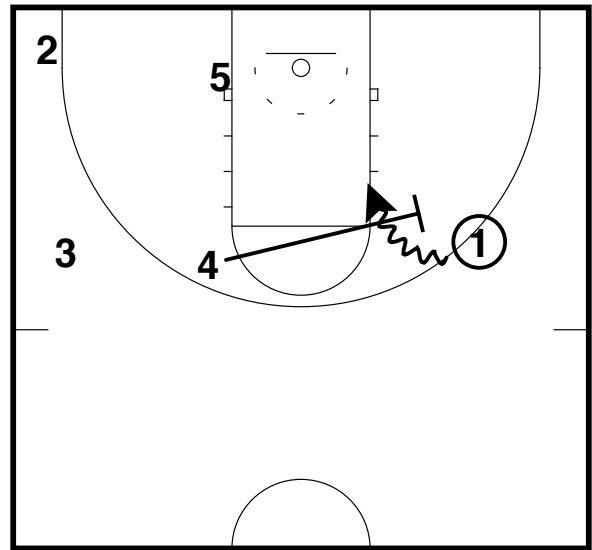
# Doug Collins

Horns Twist Fist  
Horns



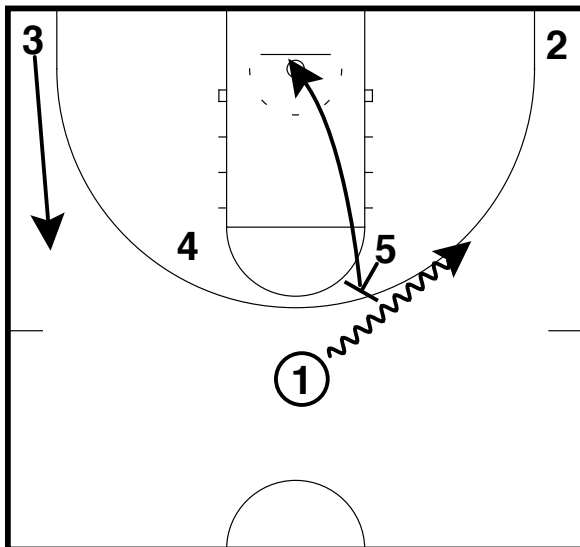
1 comes hard off 5  
2 cuts thru  
3 lifts

Horns Twist Fist  
Horns



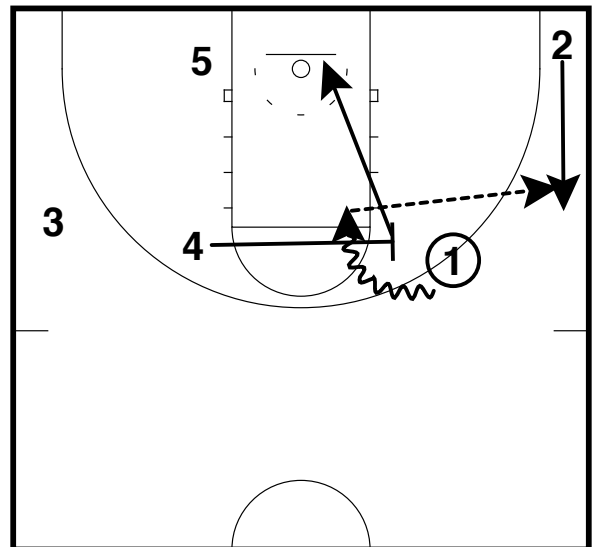
4 immediately comes behind and rescreens for 1  
can run our get actions if nothing

Horns Twist Fist Strong  
Horns



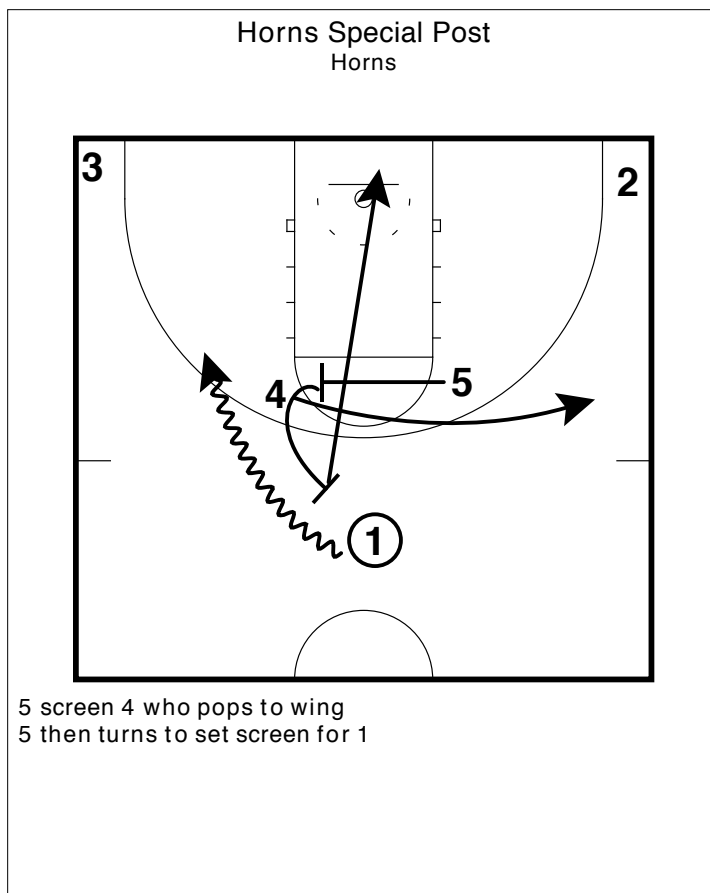
Come off 5, 2 stay on strong side  
3 lift

Horns Twist Fist Strong  
Horns



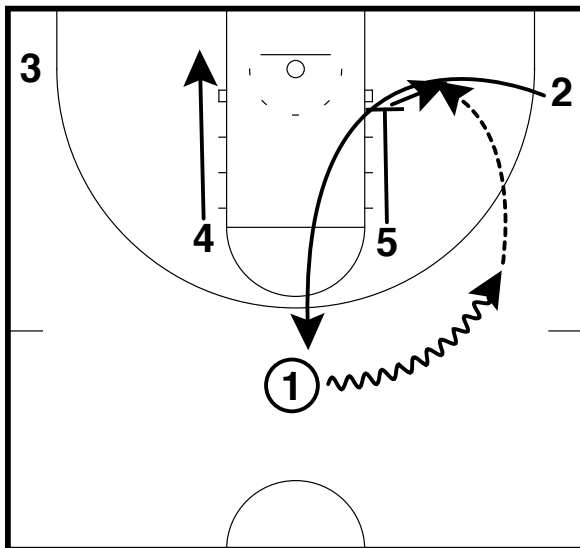
4 gets screen again, 2 lifts  
look to hit 2 on lift for post w 4

# Doug Collins



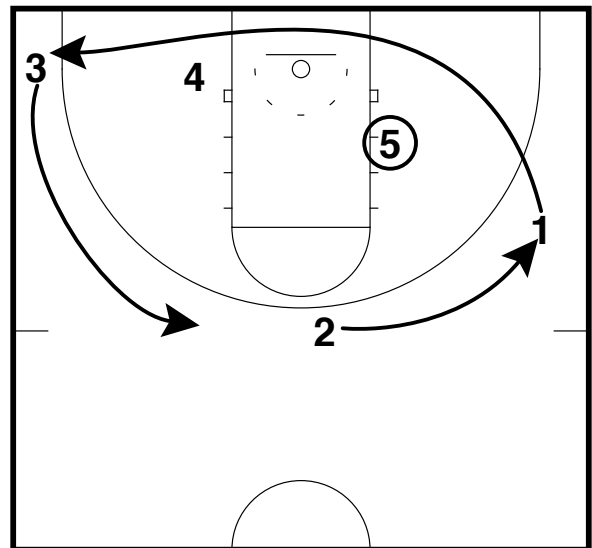
# Doug Collins

Zipper  
Zipper



1 dribble at wing; 2 come off pin down from 5  
4 drop to short corner

Zipper  
Zipper

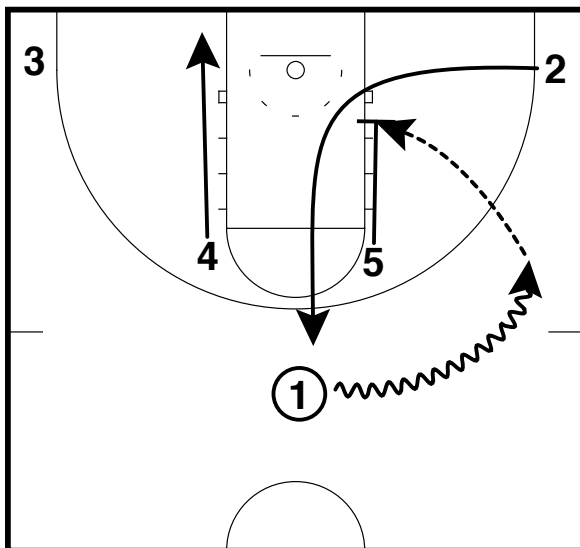


On post entry, 1 look cut below ball for pass  
2 fills wing  
3 fills top key

Big goes middle, 4 comes under  
big goes baseline, 4 goes to middle lane

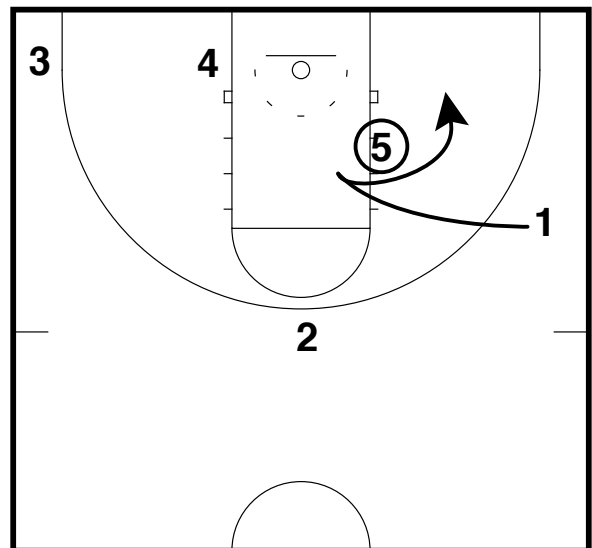
Can run our GET actions if ball gets passed to 2 initially

Zipper Punch Houston  
Zipper



Initial Zipper Action

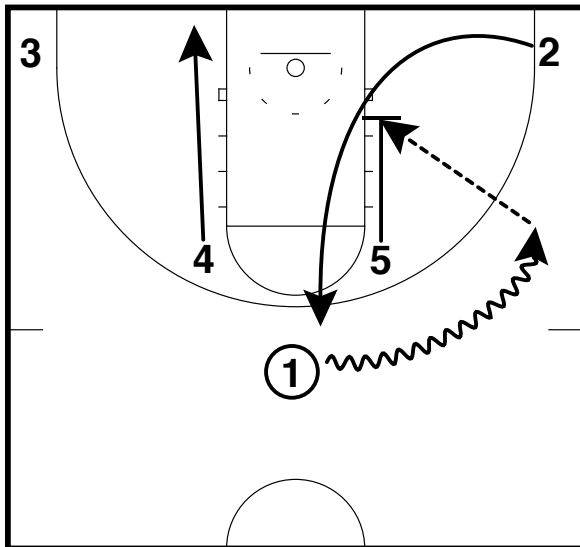
Zipper Punch Houston  
Zipper



This time, 1 cuts over top of 5 toward middle, taking man past the ball  
1 then cuts back to corner and gets pass from 5 for shot

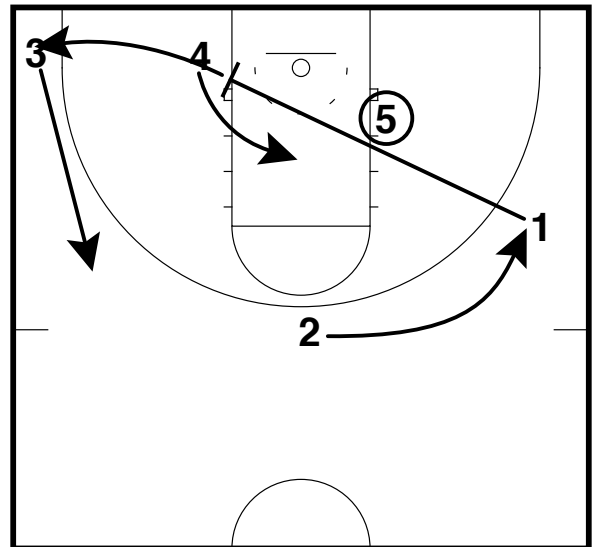
# Doug Collins

Zipper Fist  
Zipper



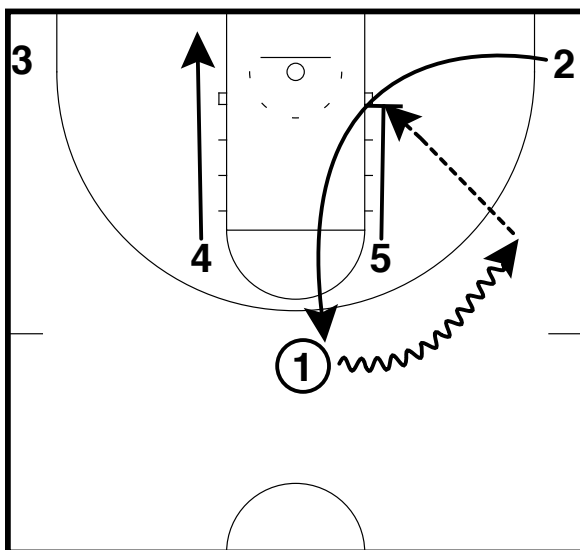
Initial Zipper Action

Zipper Fist  
Zipper



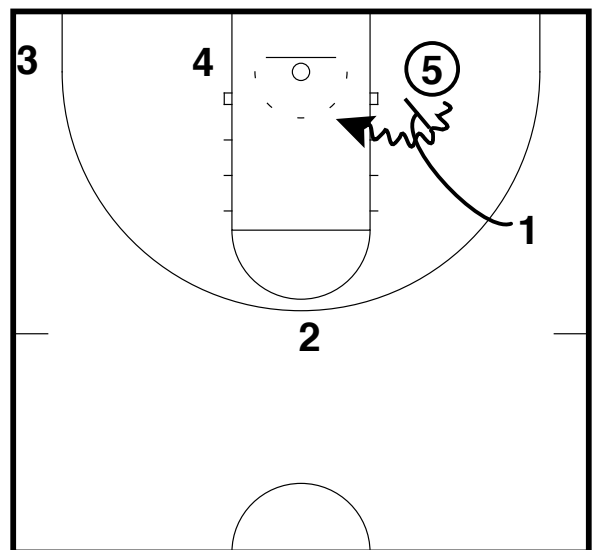
1 cuts thru lane and screens for 4 who curls to middle  
2 fills behind wing  
1 fills corner  
3 fills opp wing

Zipper Vlade  
Zipper



Initial zipper action

Zipper Vlade  
Zipper

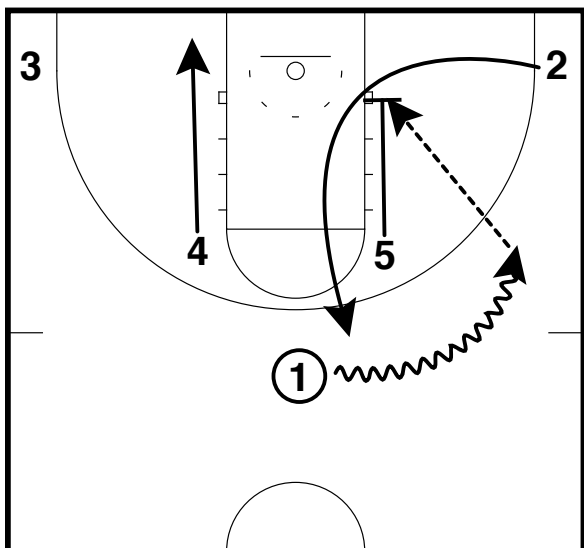


1 cut thru and set butt screen for 5 who attacks rim



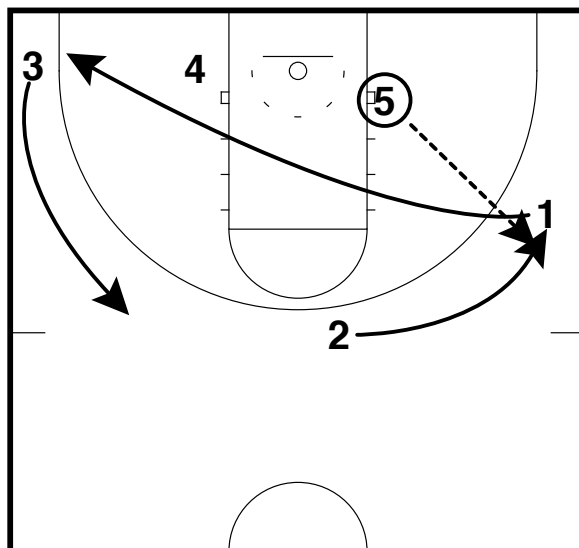
# Doug Collins

Zipper Fist Side  
Zipper



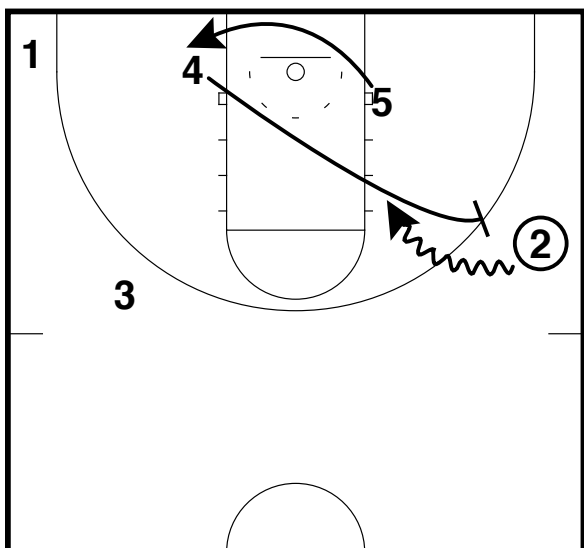
Initial Zipper Action

Zipper Fist Side  
Zipper



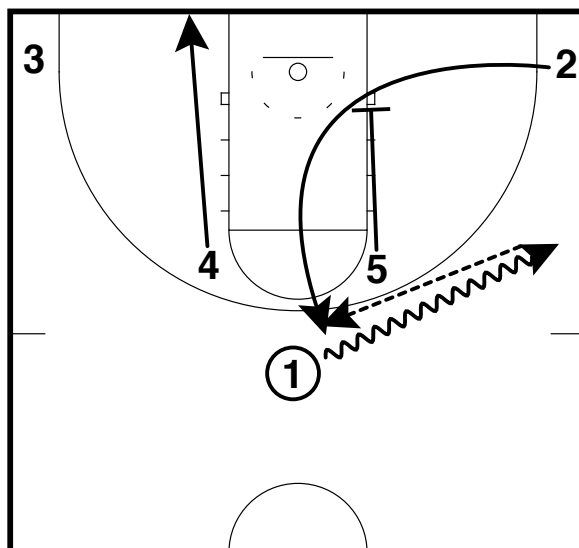
On pass to post, 1 cuts thru lane to corner  
2 fills over  
3 fills up to top  
5 looks to hit 2 filling the wing

Zipper Fist Side  
Zipper



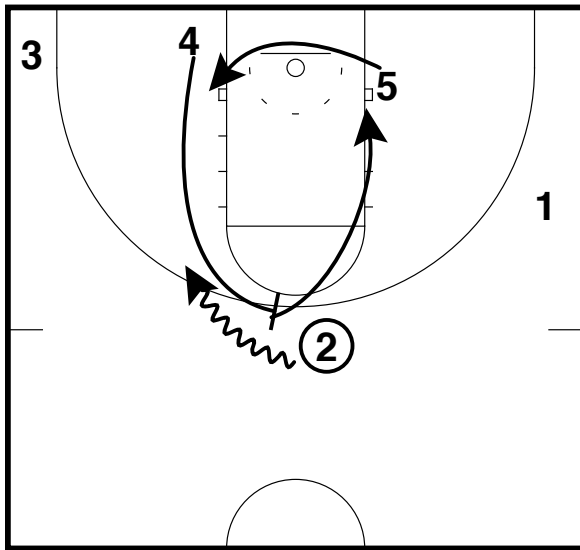
5 cuts away and 4 sprints to screen for 2  
If nothing can run our GET actions on other side

Zipper Fist Up  
Zipper



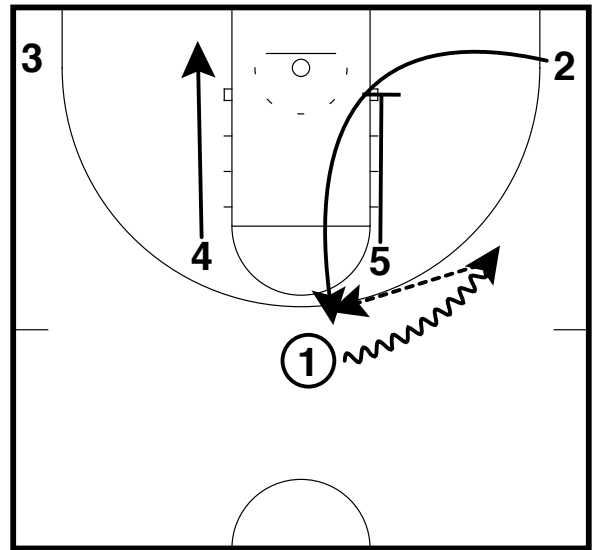
# Doug Collins

Zipper Fist Up  
Zipper

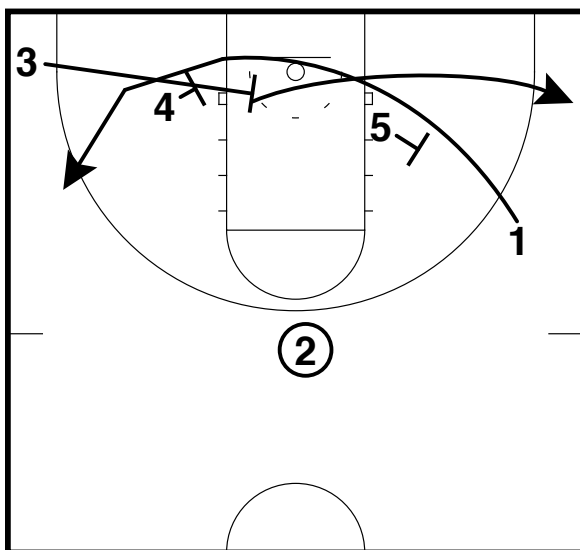


On 2's catch, 4 sprints up for screen  
5 circles under, 4 rolls

Zipper Chase  
Zipper



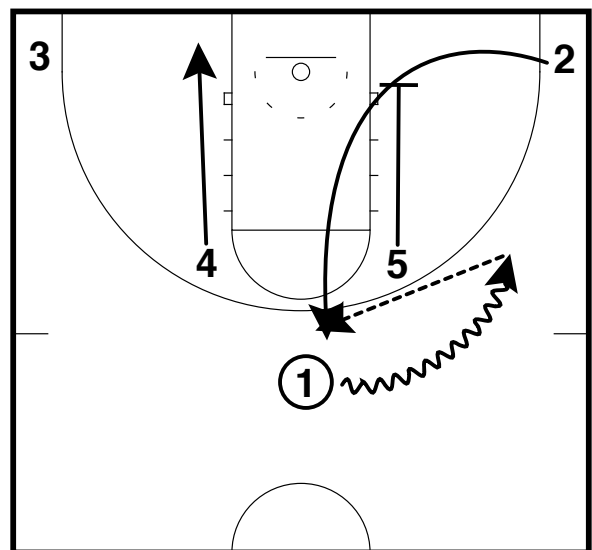
Zipper Chase  
Zipper



On reversal to 2, 1 cuts off 3 screens on baseline from 3,4,5

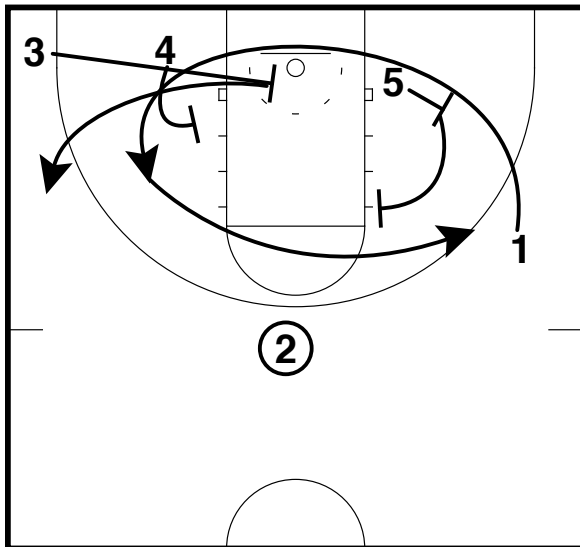
3 must step in and be 2nd screener in middle of lane with 4 being last screener

Zipper Chase Curl  
Zipper



# Doug Collins

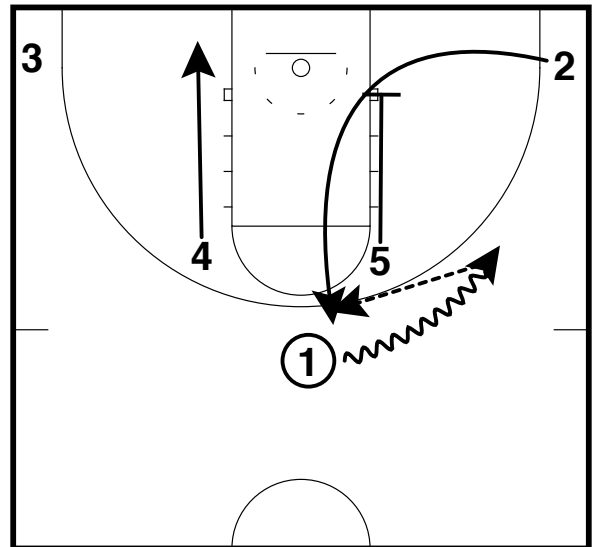
Zipper Chase Curl  
Zipper



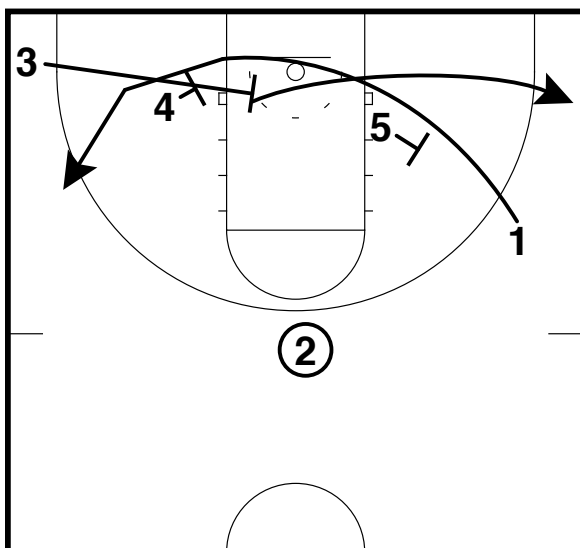
After reversal to 2, 1 cuts off 3,4,5 but continues cut back to same side getting another screen from 5 to wing

3 then turns and curls off screen from 4 to wing

Zipper Chase  
Zipper



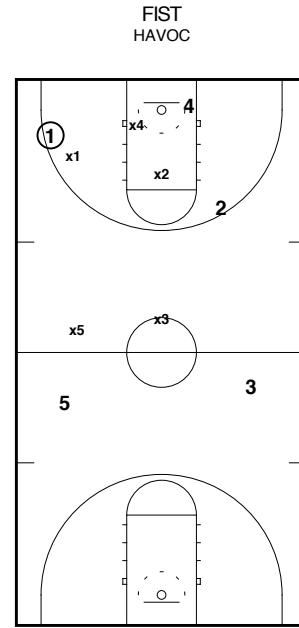
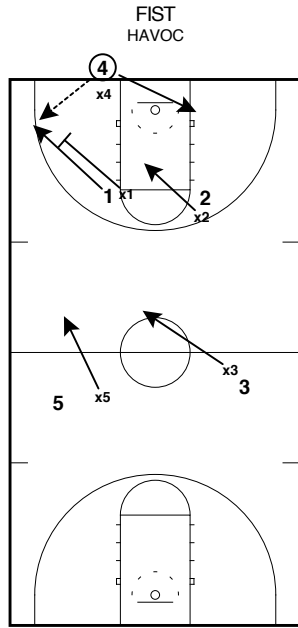
Zipper Chase  
Zipper



On reversal to 2, 1 cuts off 3 screens on baseline from 3,4,5

3 must step in and be 2nd screener in middle of lane with 4 being last screener

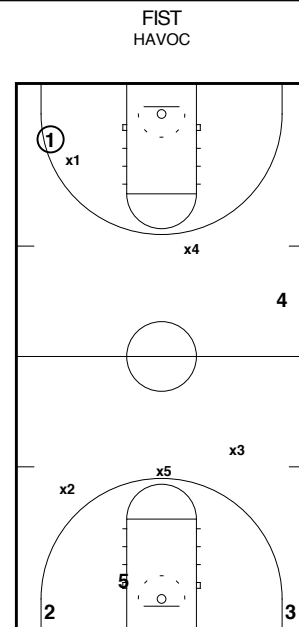
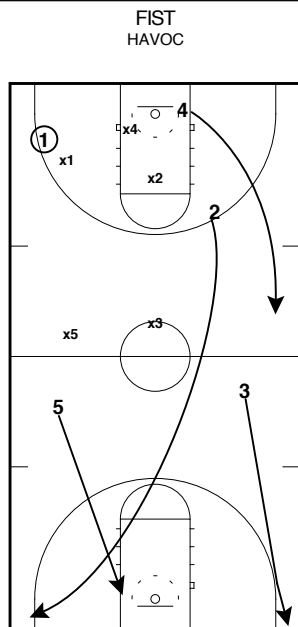
# Mike Rhoades



**FIST** - full ct man to man w no traps  
 X4 - mad man, plays ball straight up as close as can  
 4 other D - even w man attached  
 hip hug position  
 X1 cannot allow a rip and go sideline  
 arrive on the catch  
 #1 rule - dont get beat; no passes forward  
 Ball in the air from OOB - must get to 1/3

Once ball is in:  
 perfect position - 1/3 way off your man toward the ball  
 man or ball moves you must move  
 X1 take looks away - arms length off ball  
 make player take first dribble in their pocket

**STUNT**  
 hand and foot fake at ball  
 put doubt in dribblers  
 pull back dribble allows D to heat up on ball  
 never put your shoulders toward ball

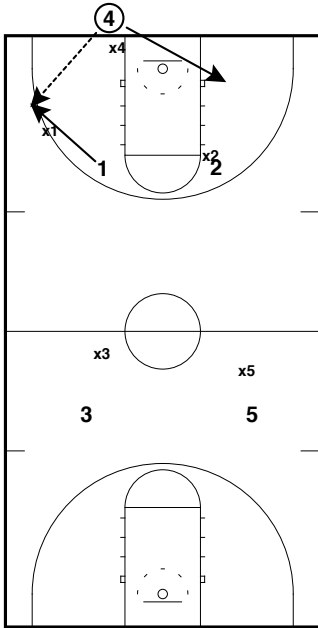


**Clear Out**  
 must extend your 1/3 here  
 good for practice - show the D what looks like when hug man v. 1/3

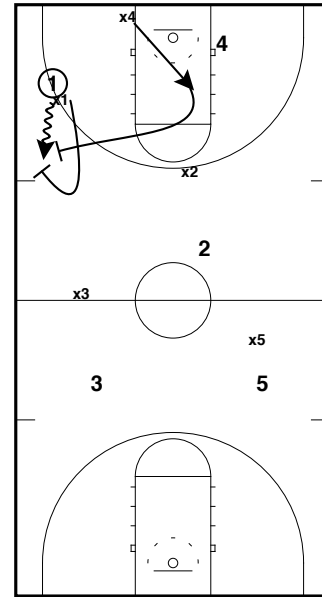
demand and praise a high level of work ethic

# Mike Rhoades

**Double Fist  
HAVOC**



**Double Fist  
HAVOC**



**Double Fist**

man to man w traps  
same principles, get ball to sideline

**\*\*trap the turn\*\***

If you are not sure, GO

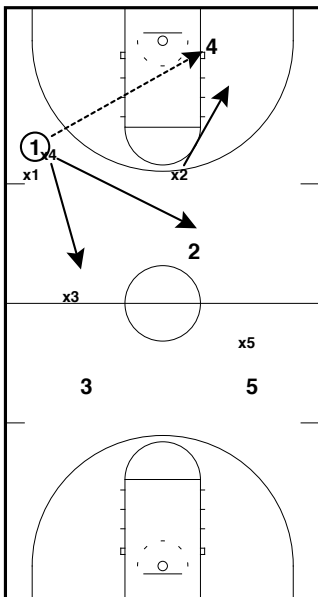
In trap, hands up hi, foul w the lower body  
be elastic in the trap

X4 comes over to trap ball

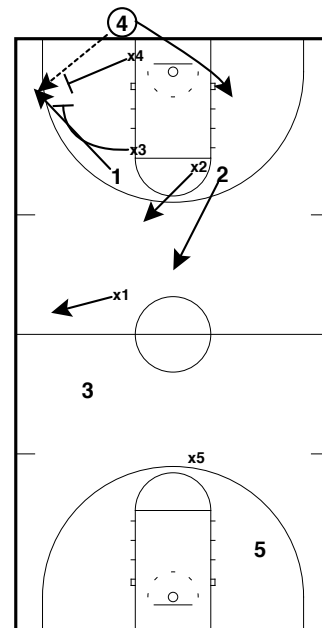
X2 becomes the interceptor hi bouncing between 4 & 2  
X3 becomes interceptor sideline

Pass out of trap - X1 and X4 must get off trap ASAP  
X4 first 3 steps sprint to find man

**Double Fist  
HAVOC**



**Diamond  
HAVOC**



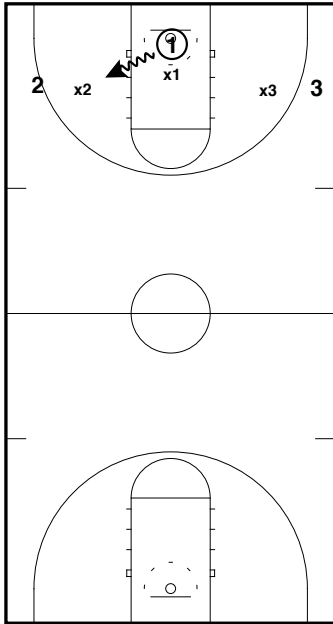
X4 could end up at either player, all depend on TALK  
read shoulders and eyes in trap to favor where pass might go  
**ON STEAL, unless you have a straight line drive to rim, PASS BALL**

**ANY MIDDLE PASS, get off traps and look to back tip the ball**

X4 not let ball weakside -- trap rt away on pass  
X3 takes the first player ball side  
FG is strong safety takes 2nd player ball side  
X2 opp ball closer to mid line

# Mike Rhoades

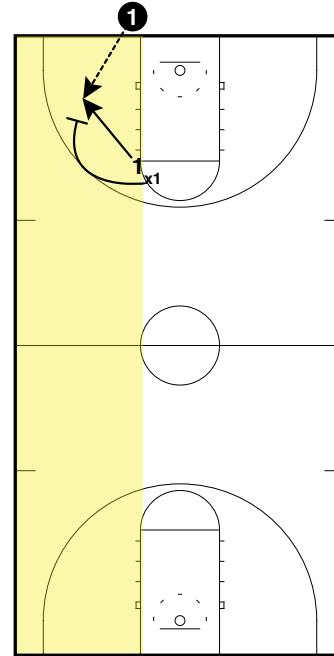
Drills  
HAVOC



**3 v 3 Stunt Drill**

X2 & X3 always 1/3 away from man toward ball  
dribble at D, must work on stunt but seeing man  
work way up floor w dribble or pass

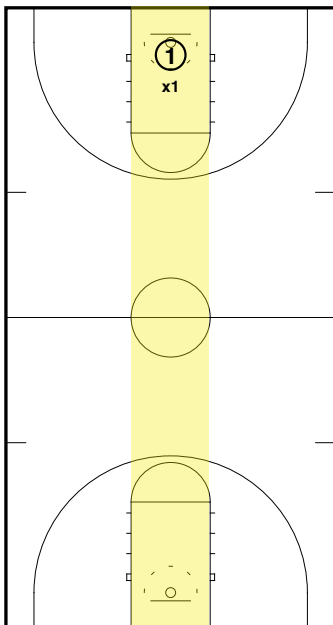
Drills  
HAVOC



**1 v 1 zig zag**

work on defending on catch in press  
into 1 v 1 zig zag between sideline and lane line  
2 dribble past half court = go live

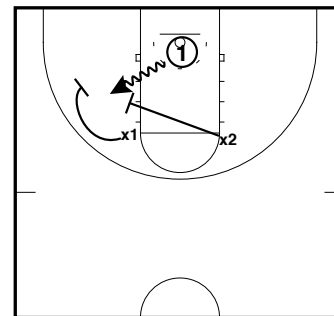
Drills  
HAVOC



**Alley Ball**

Play 1 on 1 in the alley  
want to work on 1 man traps - get offense to TO or pick up  
dribble, keep score

Half Court Drills  
HAVOC

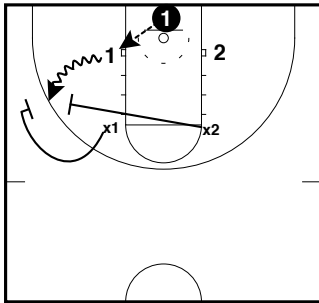


**2 on 1 Corral Drill**

defenders work on corralling dribble into trap  
offense must wait 1 second before dribbling

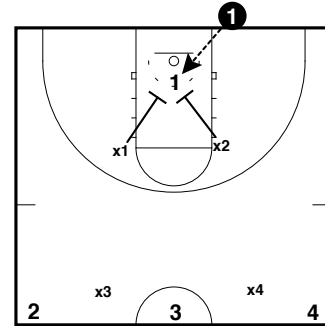
# Mike Rhoades

Half Court Drills  
HAVOC



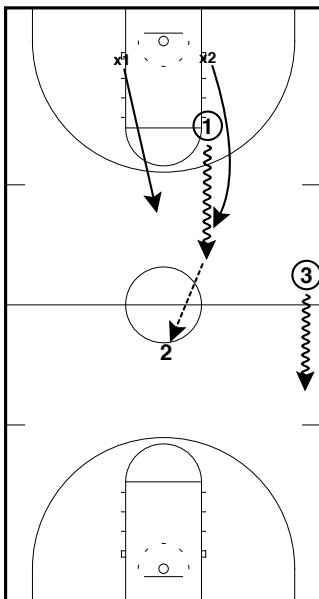
2 v 2 trap turn  
Defense looks to trap  
offense MUST stay behind the ball  
Work on getting off traps, leveling ball and forcing 2nd trap

Half Court Drills  
HAVOC



4 v 4 Intercept  
work on trap on ball reading the eyes and shoulders of offense  
if steal, get ball and score

Back Tip Drill 2  
HAVOC

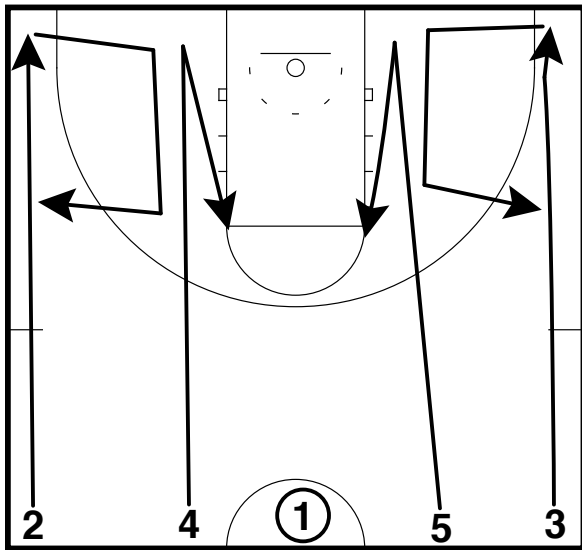


Back Tip  
1 must take 2 dribbles before making pass to 2  
X1 and X2 look to tip from behind  
if get a tip, get ball and score  
multiple efforts

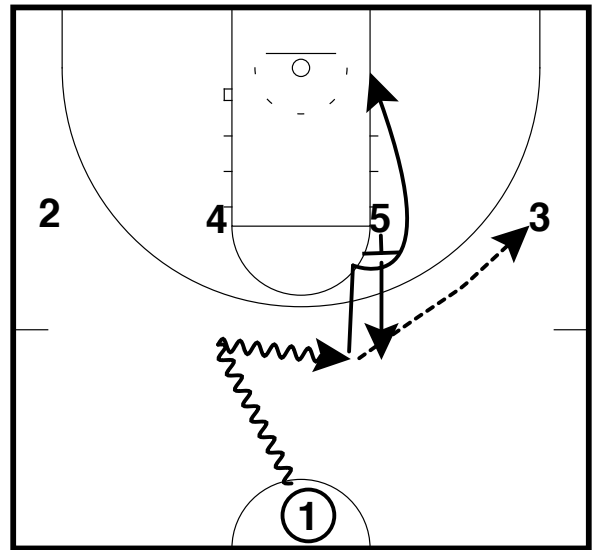
If pass made, work on back tipping on 2 and 3

# Gordie Chiesa

Utah  
Gordie Chiesa

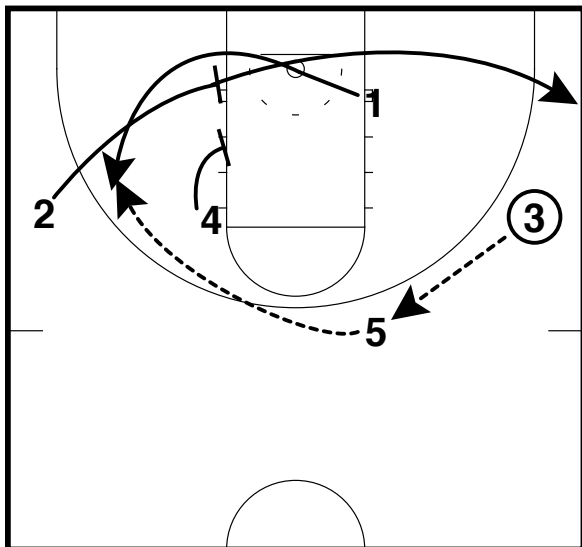


Utah  
Gordie Chiesa



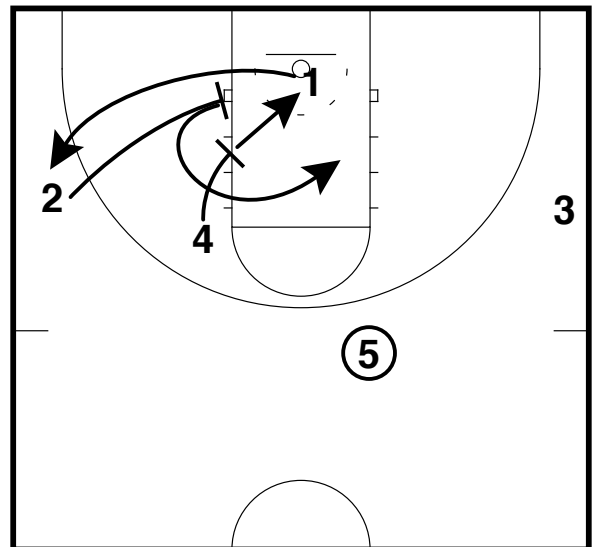
Don't start the offense until all 4 players are at their spots  
1 cut off post and to rim, post up at block at first

Utah  
Gordie Chiesa



- 3 go down to block on flight of the ball from 3 to 5
- 1 sit at net, let D catch up, then explode off screen
- cutter bring self to screen, never bring screen to the cutter
- pass on target on point
- inside hand pass - shoot
- outside hand pass - drive it

Utah v Switch  
Gordie Chiesa

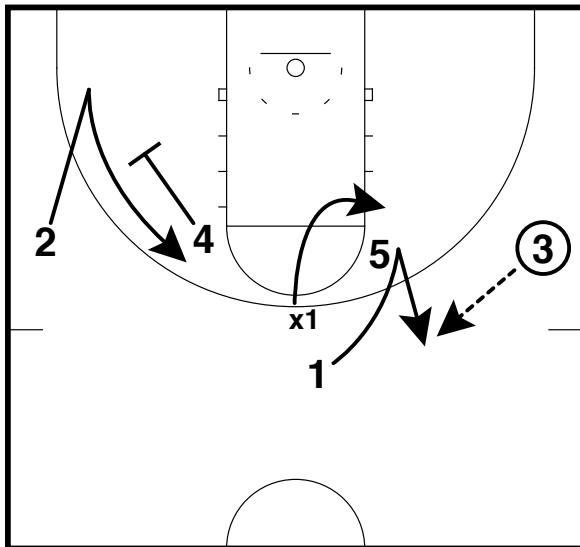


- Vs. Switch
- 1 cuts more to wing
  - 2 cuts curls off 4 to lane



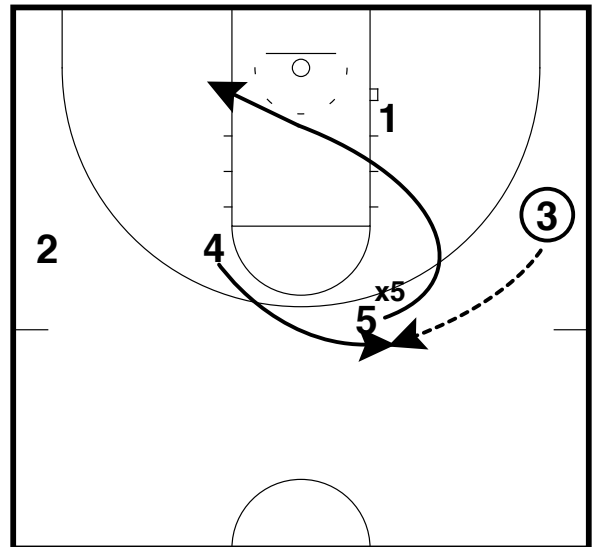
# Gordie Chiesa

Utah v D sag  
Gordie Chiesa



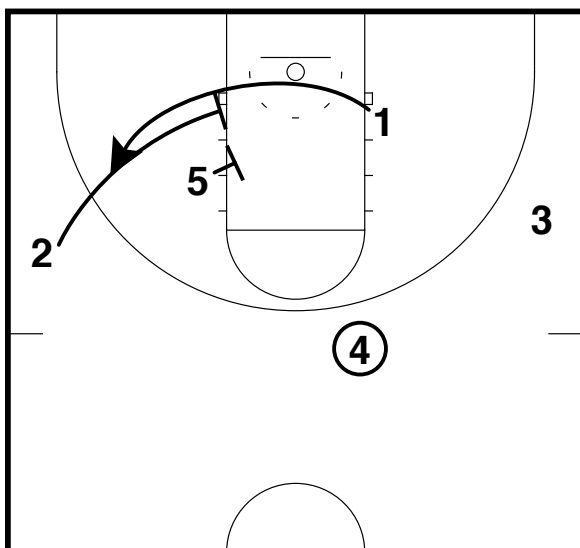
D sags, Pg pops back  
4 sets pin down for 2  
4 can look to slip

Utah v deny post reversal  
Gordie Chiesa



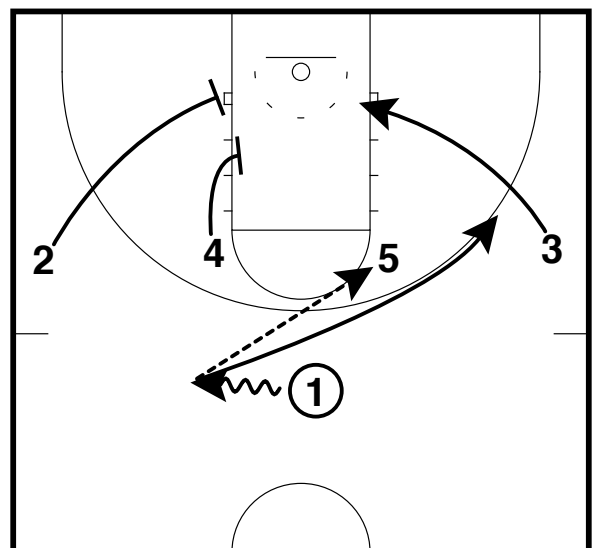
deny post, 5 dive to rim, 4 replace for pass

Utah v deny post reversal  
Gordie Chiesa



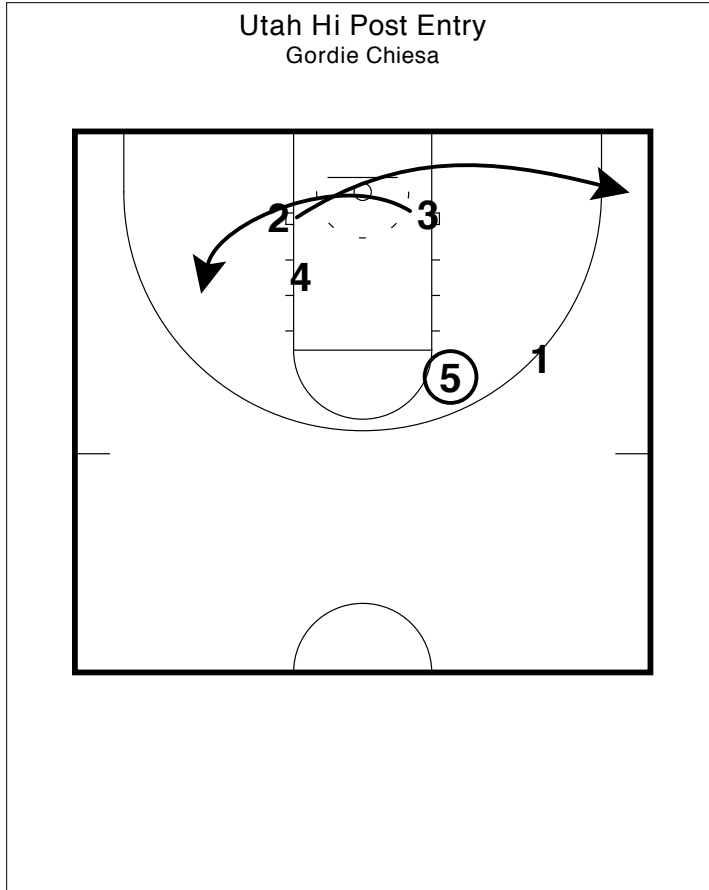
same utah action

Utah Hi Post Entry  
Gordie Chiesa



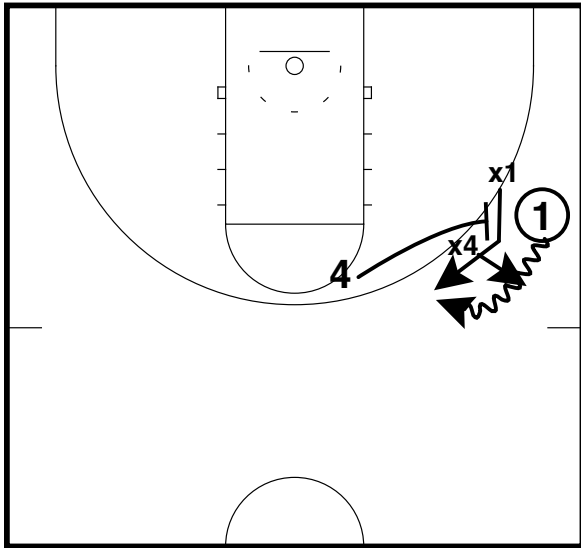
hi post entry to 5, ballside guard to post  
1 cuts over top to wing  
2 and 4 drop to set screen

# Gordie Chiesa



# Brendan Suhr

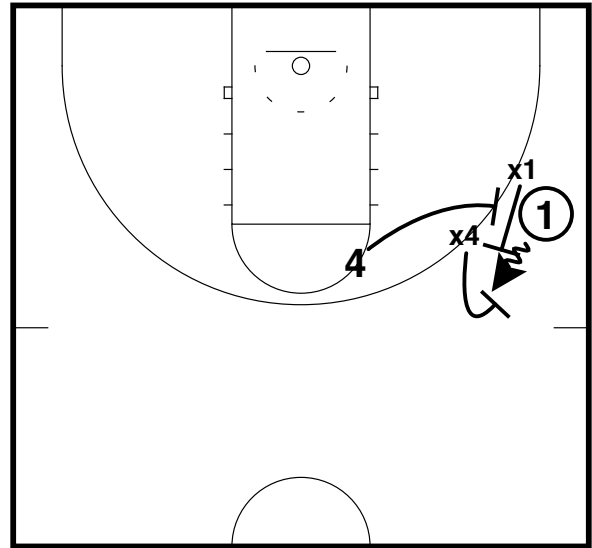
P&Roll Defense  
Brendan Suhr



**HEDGE**

X1 cant allow 1 to reject screen  
X4 parallel to screener w feet  
X1 over screen and under defender

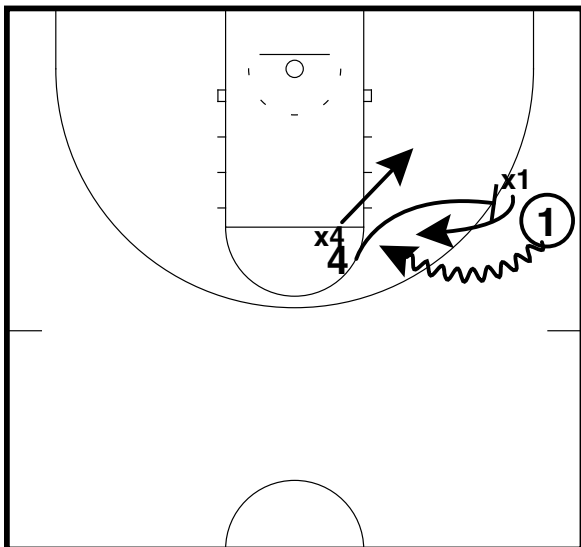
P&Roll Defense  
Brendan Suhr



**BLITZ**

bad handle or great shooter  
X4&X1 trap

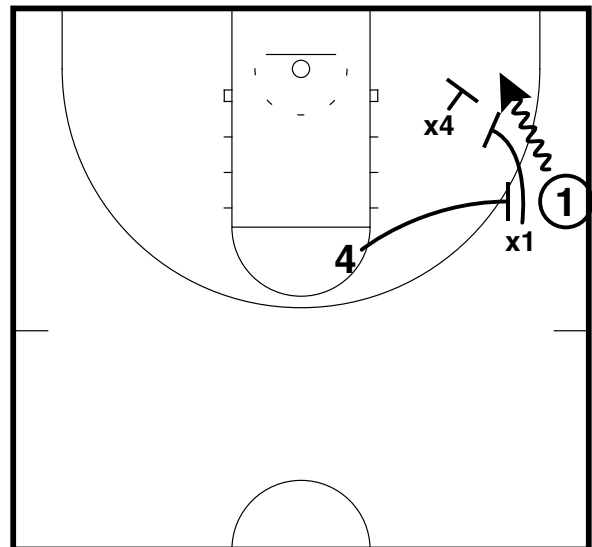
P&Roll Defense  
Brendan Suhr



**ZONE**

X4 plays loose - cant let 1 turn corner  
X1 must go over top and catch up to ball

P&Roll Defense  
Brendan Suhr

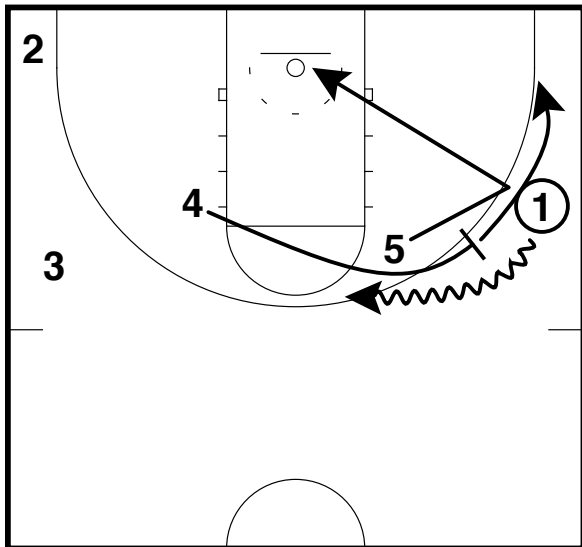


**ICE**

X1 get chest to sideline - force ball down  
X4 position so force 1 to drive to baseline - then trap the box  
Weakside position rotate on the pass

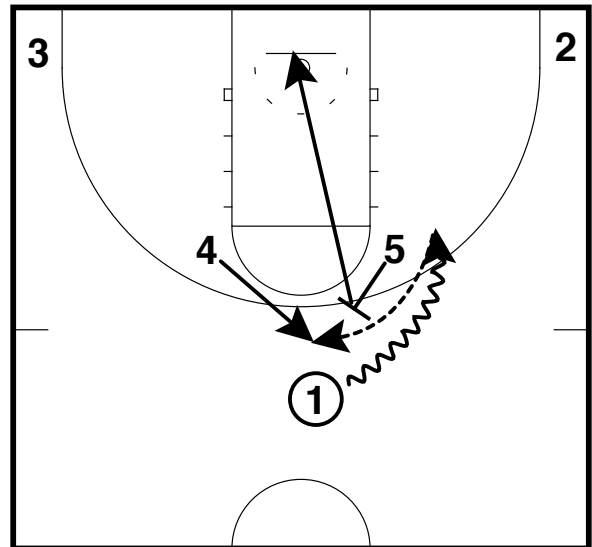
# Brendan Suhr

**Slip Actions**  
Brendan Suhr

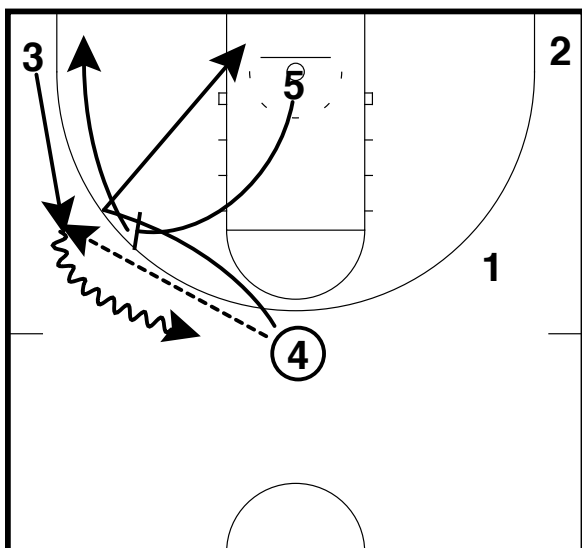


1st post comes and slips to the rim  
2nd post comes to set screen right behind the slip

**Horns Slip**  
Brendan Suhr

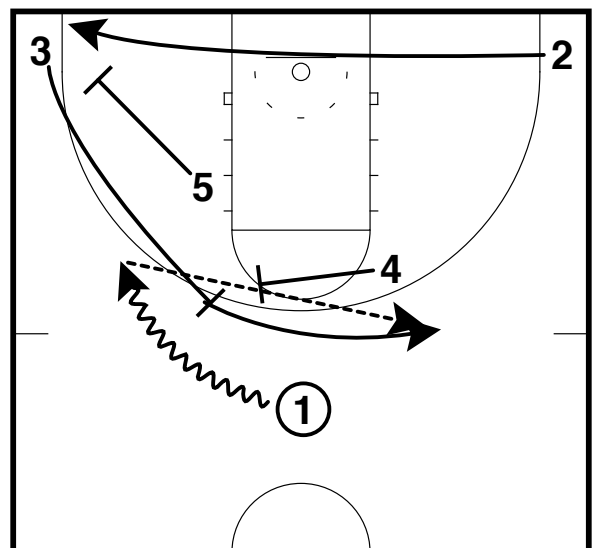


**Horns Slip**  
Brendan Suhr



On reversal to 3, 4 sprint into a slip  
5 follows with screen

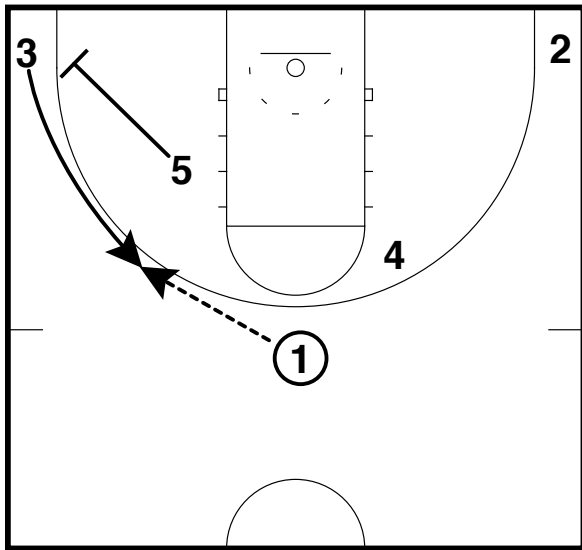
**Quick Flare**  
Brendan Suhr



**QUICK FLARE**  
5 sets screen for 3 who sprints into screen on ball for 1  
4 follows 3's screen with a flare for 3

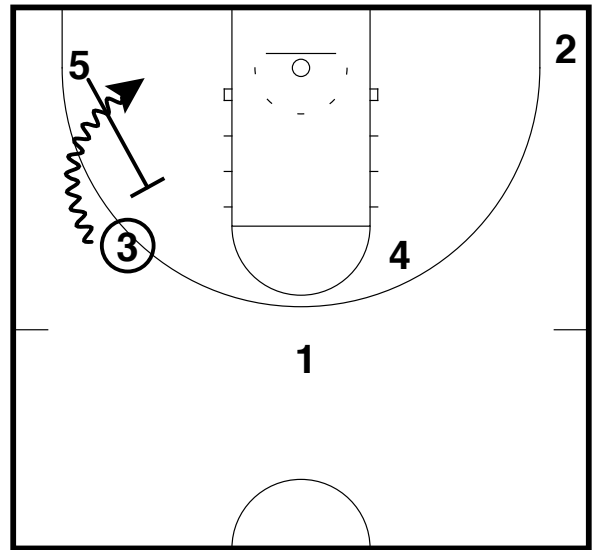
# Brendan Suhr

Quick Up  
Brendan Suhr



5 sets screen for 3 as in Quick action

Quick Up  
Brendan Suhr



3 now receives pass from 1 and gets immediate rescreen from 5