

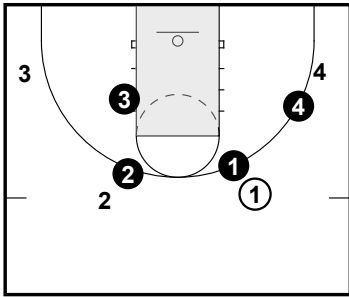
SMU Clinic 2014

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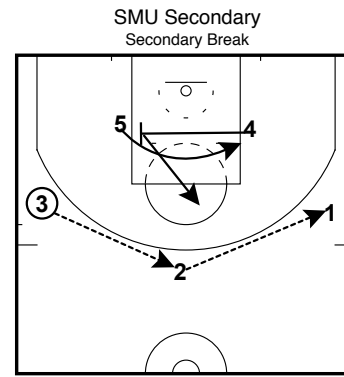
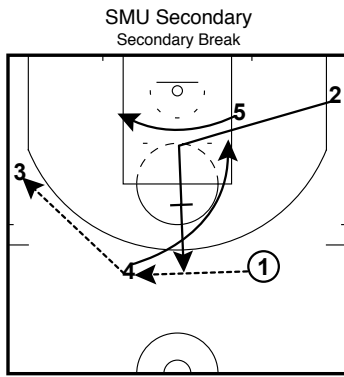
Larry Brown- SMU

Paint Game
Defensive Drills



Offense goal is to simply dribble the ball into the paint -- no shots, just get into the paint ...

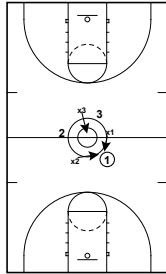
Larry Brown- SMU



1 passes to 4...

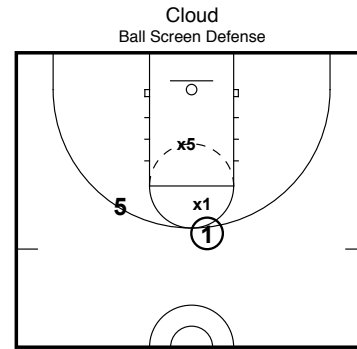
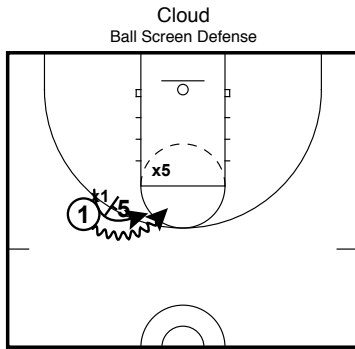
Shaka Smart- VCU

VCU Trap Drill Defensive Drills



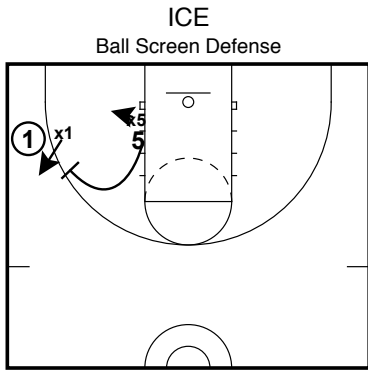
X1 & x2 trap 1. x3 steps up and becomes interceptor.

Mike Woodsen- LA Clippers

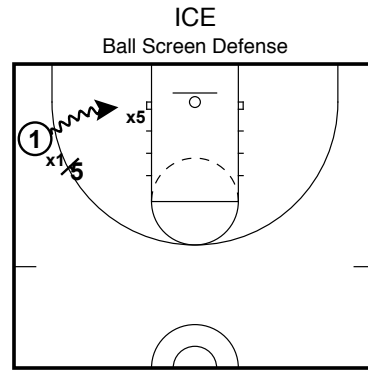


On ball screen x5 will stay at elbow and just mirror the screen & keep out of paint. x1 will go over screen & try to reposition.

Mike Woodsen- LA Clippers

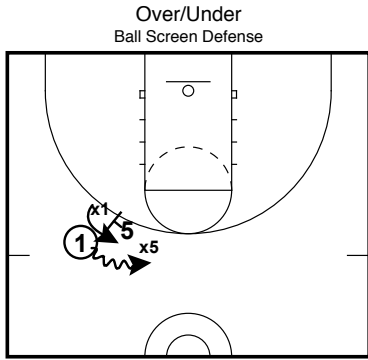


On 5's screen x1 will jump into screen.

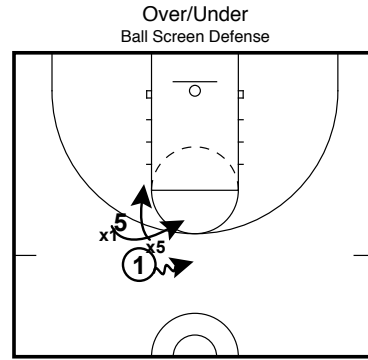


x1 forces player 1 away from the ball screen and toward x5.

Mike Woodsen- LA Clippers

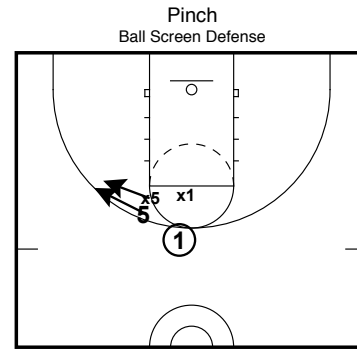
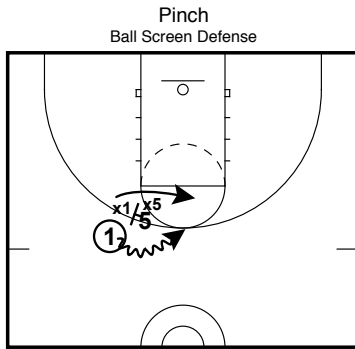


x1 will go over screen. x5 will force dribbler back to halfcourt.



After going over ball screen, x1 will go under x5, who will immediately sprint to recover to 5.

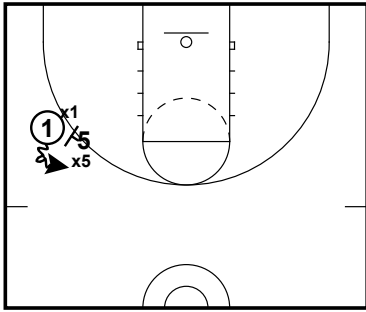
Mike Woodsen- LA Clippers



On ball screen, x1 will go under screen while x5 stays tight to screener to allow x1 to go under & to not allow a pick & pop to 5.

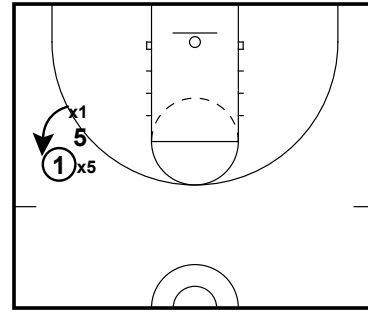
Mike Woodsen- LA Clippers

Trap
Ball Screen Defense



x5 steps up high of the ball screen.

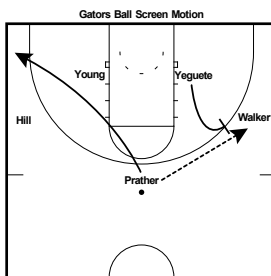
Trap
Ball Screen Defense



Off of 1's move x1 & X5 stay in trap forcing 1 to give up basketball.

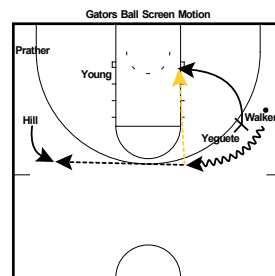
Wes Miller- UNCG

Ballscreen Motion
Halfcourt Man Offense



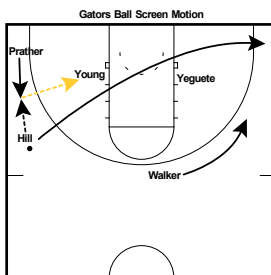
The Gators flowed into this action from their Horns set ...

Ballscreen Motion
Halfcourt Man Offense



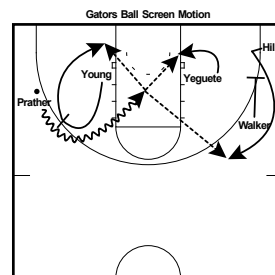
Walker 25 (SF) comes off the SPNR with Yeguete 15 (PF) looking to either pass inside to the roll man or advance the ball to the oppsite side of the court as he does in this situation with a pass to Hill 0 (PG)

Ballscreen Motion
Halfcourt Man Offense



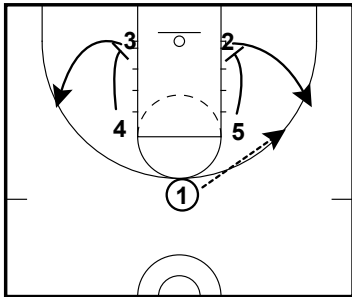
Hill 0 (PG) passes to Prather 24 (SG) lifting out of the corner and cuts through to the weak side ... Young 4 (C) steps out to set a SPNR with Prather 24 (SG) who comes off the screen and ...

Ballscreen Motion
Halfcourt Man Offense



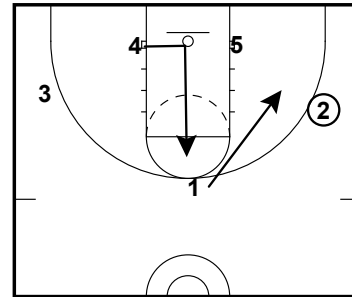
Bill Self- KU

Hi-Lo Motion (Strong Side)
Halfcourt Man Offense



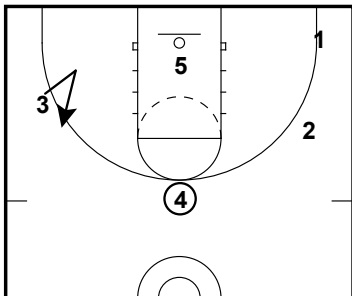
We start in a box set. 4 & 5 screen down for 2 & 3 who set up their screen and come off to the wing looking for the ball.

Hi-Lo Motion (Strong Side)
Halfcourt Man Offense



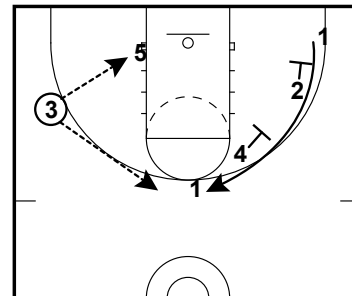
1 cuts to the strongside corner and stays wide. 5 man posts hard. 4 man "L" cuts to the top of the key. 3 stays wide and spots up.

Hi-Lo Motion (Strong Side)
Halfcourt Man Offense



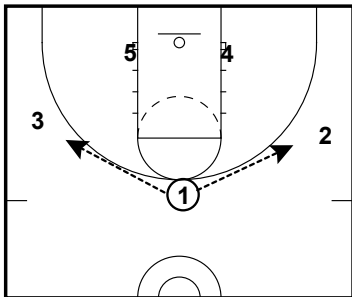
If 5 is not open from 2, the ball is swung to 4. looks for hi-lo with 5. 3 man "V" cuts for ball reversal.

Hi-Lo Motion (Strong Side)
Halfcourt Man Offense



3 can either get the ball to 5 in the post or to 1 coming off a stagger screen from 4 & 2.

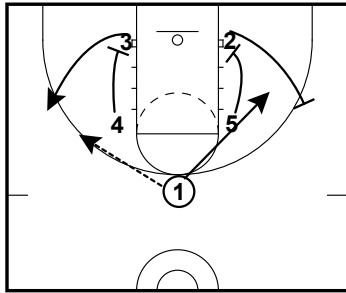
Hi-Lo Motion (Strong Side)
Halfcourt Man Offense



We're now back 3 out & 2 in and ready to initiate strongside or weakside motion.

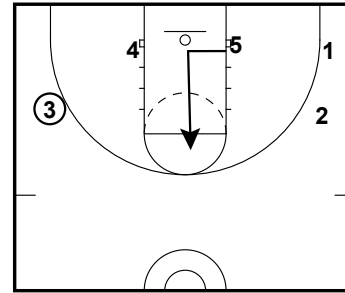
Bill Self- KU

Hi-Lo Motion (Weakside)
Halfcourt Man Offense



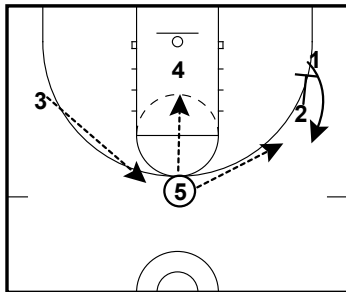
4 & 5 screen down for 2 & 3. 1 finds 2 or 3 and cuts away from the ball to the weakside.

Hi-Lo Motion (Weakside)
Halfcourt Man Offense



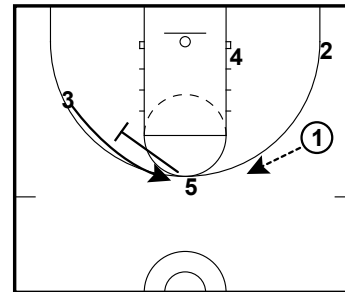
3 looks to post enter to 4. 5 "L" cuts to the top of the key.

Hi-Lo Motion (Weakside)
Halfcourt Man Offense



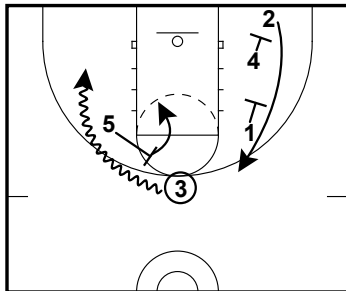
After 3 has swung the ball to 5 he looks to post enter to 4. 2 downscreens for 1.

Hi-Lo Motion (Weakside)
Halfcourt Man Offense



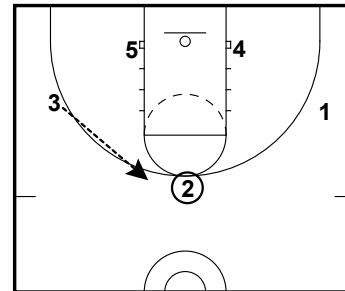
1 looks to post enter to 4. 5 screens away for 3 to come to the top of the key and receive ball if it's not post entered.

Hi-Lo Motion (Weakside)
Halfcourt Man Offense



5 re-screens for 3 in a pick & roll situation. 1 & 4 set a stagger screen for 2 to come to the top of the key.

Hi-Lo Motion (Weakside)
Halfcourt Man Offense



we look for the pick & roll or 2 coming off the stagger. If we don't get a shot on either, we're now back to 3 out & 2 in.