

Bill Self
8/6/04

SA for Larry Brown

Blew knee out at his camp.

What can I do for you? Hire me as S.A.

Went to OSee for 4 years with Leonard Hamilton.

Eddie Sutton 3 years.

Got job at ORE. Conservative Methodist & Pentecostal
School. Lost 18 games in a row.

Necessity is mother of invention.
3 out 2 in.

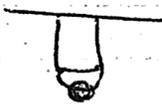
Get right guys right shot.

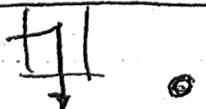
Never had a post who could score at 6 feet
with man on his back Brian Cook exception.

Have to score before you catch.
Angles Seal, Seal, Seal
Both feet in paint or don't shoot.

Point to Wing
Point to Elbow
Dribble Entry

1 Head Front
Enter in channel or up chute.

Want to Catch here  not 



Cheat step for balance.

Shot

Dump

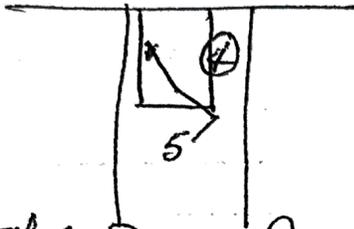
Make the fakes.

Low post post between ball and basket.

Take post on 1st side pass to wing.
Hold him, seal him where he plays you.

Diver

Step to ballside elbow and then dive.
Get to you 1/3 for the passes out.



Shot, Dump, Reverse.

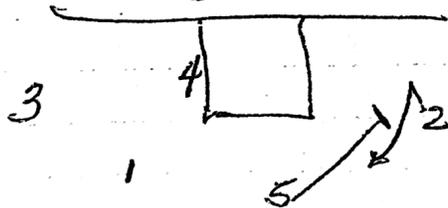
2 on a side

Perimeter screen & get to arc.

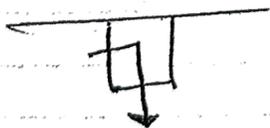
Big screen & get to lane.

Make defense go ballside on shooters
and man side on curlers.

Want high lob to post



"Step Across" & Flash



One on a side.

2nd ball reversal is a ball screen.

⊕ Ball Screens for Matt, OBE, Kyle.

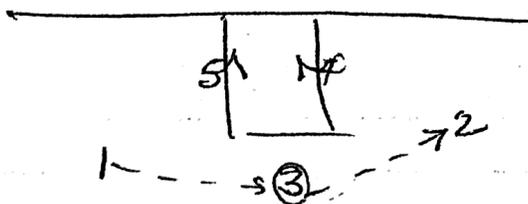
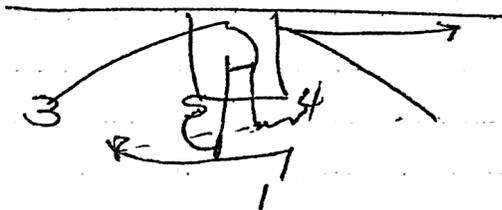
One bounce to a backdoor cut on one
on a side.

Shoot
Dump
Reverse.

Wings Above level of ball to go backdoor,

Hit elbow ^{to low}
Backdoor and out to arc.
Flare Screen for 1 man!!!!
One dribble to pass.

Double down for 3



Quick in
Seal High
Drive to Rack

2 on 1 & 2/2
Big footwork for
High low.
Top of head pass.

Play off high post.

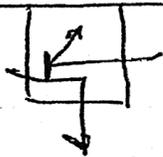
- 1) Reverse it.
- 2) Ball Screen
- 3) Dribble Hand Off.

You can't ever run good offense
better than good defense.

Give defense a chance to break down.

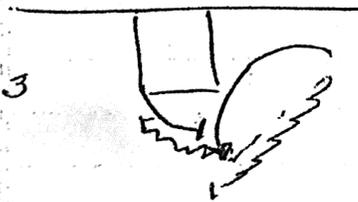
Draxlers for Hammer, Obe & Kyle
FEED THE POST DRILL.

Reverse Switch.



Ball Screen hard denial.

(X)



Matt driving off the ball screen.
Shooter spotting
Loop Matt or Kyle.
Catch face & go.

Better off catch than
the bounce offense.

Teaches guys where they can score.

Good for our 4's

Good offensive rebounding.

Offense should be simple,
Defense should be complicated.

"Teach principles and tweak them for opponents."

Flow into motion with this.

Good driving big take it to basket
or the one on a side.

You can dictate who passes high.

* You get the ball centered!!

After cut & space, reversal go away.

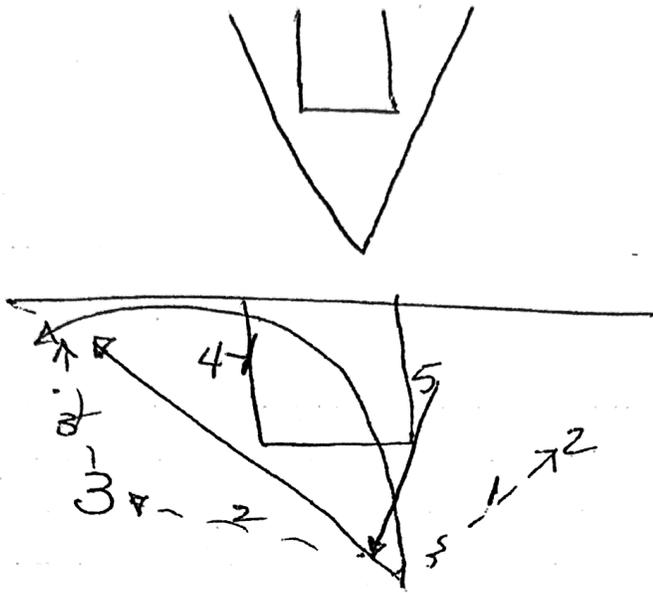
Perimeter setting screen must get to arc.

Flatten hips to create driving room.

* Down with hand off.

DEFEND 1st

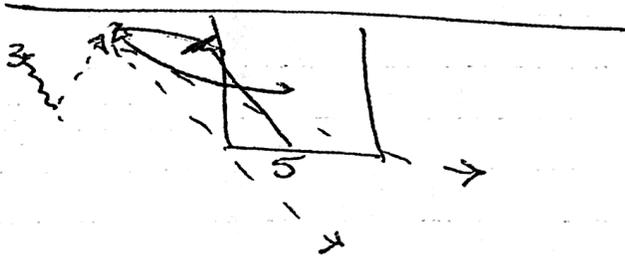
15. Zone



Which Cut?
Experiment

Seal out Action off Screen.

Screening bottom of Zone
after step out.



Basketball Is Meant To Be Fun

Don't hire coaches you can't have fun with.
Hire someone who is different from you.
Don't hire a buddy.