

Hubie Brown Notes - Day 1

4 Rules (Hubie has 4 main rules)

1. Be on time
2. Play hard
3. Know your job
4. Do your players know when to pass and shoot? They must know and if they know they should be held accountable.

Keys to being successful offensively

% of scoring on Break

Def. Boards %

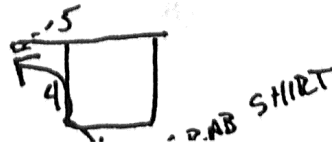
2 on 1 advantages

3 on 2 advantages

4 on 3 (want it above 60%)

OTHER THOUGHTS

- Give a guy a chance to grow by asking what is wrong if he is "dogging" it. Let him know you are aware that he is not playing hard. Ask him what is up and if he continues after you give him a chance then put someone else in.
- The team must adjust to us as coaches. It is the coaches way and they must do what we say. Play the guys good/bad that do what you ask.
- When a coach says 1 hour for practice then practice is 1 hour. It just pisses people off (coaches and players) when you say one thing and do another. If things aren't working that day then come back for another try tomorrow.
- X & O Not worth a damn w/out team. If your team isn't with you it doesn't matter what you draw up. The team must respect what the coach is asking them to do.
- Personal congrats after a win. Hubie goes to each individual after the game and looks him in the eye (sometimes grabs their head) and says something positive after a win. **THAT IS WHY WE ARE HERE- TO WIN.**
- **Nobody is bigger than team!!! Jason Williams didn't want the personal thanks after a win because he was benched and Hubie wanted to suspend him. He made sure that he fined him the max and Jason apologized to the team for thinking of himself. Turning point in their season.**
- "The dogs bark but the caravan moves on" JFK- loves the quote
- Circles around jump circle every day before practice so he can walk around middle and see who is ready for the day- **BOTH COACHES AND PLAYERS.**
- Who is in charge of your team? **ASK YOURSELF**
- ***Always catch ball & turn to the outside SLOB PLAY***
- ***If something works for other school use it. Don't act like you are too good to use other ideas.**
- ***When coming off screens grab shirt & come off screener**



- *Circle/Circle
- *Pick & roll always 2 dribbles past screen & turn corner to score. Teams that trap pick & roll. Replace roll man and something is always open.
- *”We Believe in Scoring”
-HOW WE SCORE? Steals, off Reb., Block shots to get more shots than you
- Kids must buy into what you do in order for you to be successful.

Hubie – Day 2

- There is always 3 ways to do everything
-Do what you teach best

Rebounding

Every drill must end with a make!!! Trains you, mental conditioner

Grizzlies rules on rebounding:

- If PG shoots – 3 to glass
- Center shoots - 3 to glass
- If 3/4 shoots from close “softer” shot - 3 to glass
- If forward shoots outside paint he is back
- *Transition D starts On Off Boards*

Post Drills

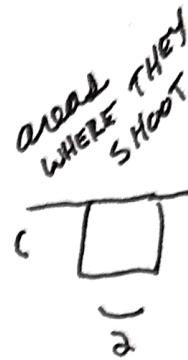
- Always use a defender for post drills – Trains them to bang
Post at 1st marker above block- gives room to maneuver
- All teams know how to guard post when on side of lane - Not Duck ins off Flex – type actions Many people know how to guard a post in the paint. Use the circle (charge circle in NBA) as a set point on where to post. Use lines in practice if needed.
- Don’t front full – Front w/forearm in chest & outside hand up because you can jump. If you are full fronting it is difficult to jump high.
Offense- Whenever you are fronted always move up one slot lane line because defender will go with you. If they are told to front most post players don’t adjust to you moving higher. Then you have more space for lob over top.
- Feed post to corner of the board when fronted & post goes to get it.

IMPORTANT QUESTIONS TO ASK YOURSELF ABOUT WHAT YOU ARE RUNNING OFFENSIVELY-Did you get high % shot for player, best player? After every game ask yourself. See after a game.

- **Example:** Of the Grizzlies top 6 scorers 3 shot 31% vs Spurs in playoffs. The staff must check to see if got these shots from good spots.

• **ARE YOU RUNNING CONTINUITY?**

Your best player can only shoot good from 2 areas. Know where they make their shots from? Design your offense to get your shooters shots where they are good from.



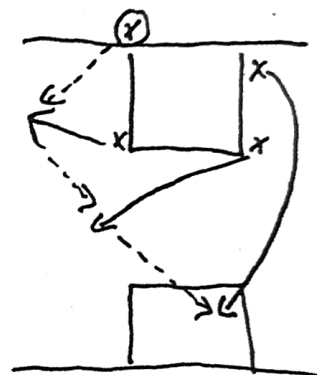
- **THOUGHT-** Young teams can never be surprised. It is our job (coach) to put them into situations where they aren't going to be.
- What fits your teaching? Run what is best for your style of teaching and what you are good at teaching.

RULE- If you are scheduled 1 hr. 15 min then be off in 1 hour and 15 minutes.

THOUGHT- X & O's are nothing w/out kid

Make sure you say something to every kid every day!!! It will lead to their effort.

To Start Break



- What are you doing to get ball out to start break?
Coach shoots it and inside guys rebound
Rebounder must rebound & turn in air to outside for outlet.
- Have PG FT line extended not 28 ft. pitch out

DRILL Make weak side forward run for layup

- Does he have faith he will get ball? PG MUST DELIVER IF HE IS OPEN
- Weak side forward must run wide
- *** (This drill does a lot of dimensions of game)

DRILL 5 Man Break – great conditioner instead of suicides.

Stop w/ suicides THEY ACCOMPLISH NOTHING- Hubie once had a player of his get hurt trying to bend over and touch a line.

RULES

- Never pass Back on Break
- 2 hands on pass/catch
- Break is catching and baking
- Always pass ahead

Check "5 MAN BREAK" DIAGRAM ATTACHED

No mistakes REPEAT CYCLE IF ANY MISTAKES

-If you ever pass back it is wrong. Players must run lane hard. You can make adjustments if someone is behind. NEVER PASS BEHIND. ADJUST!!!

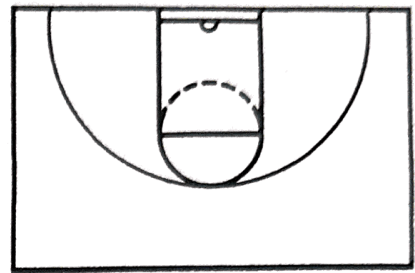
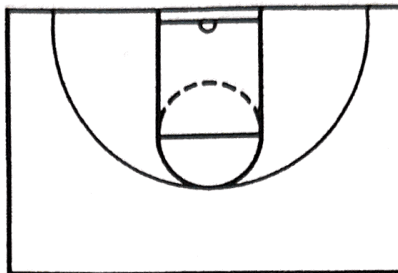
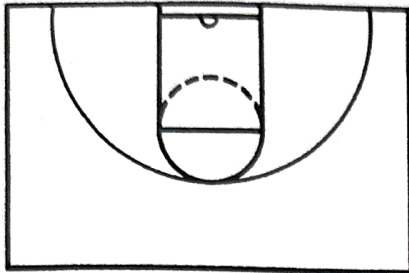
-Come back doing same thing – can make adjustments less passes, etc...



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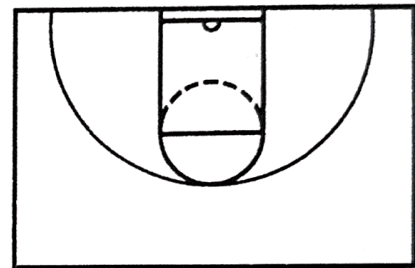
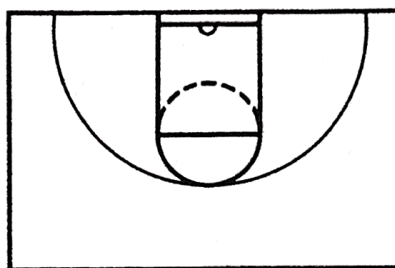
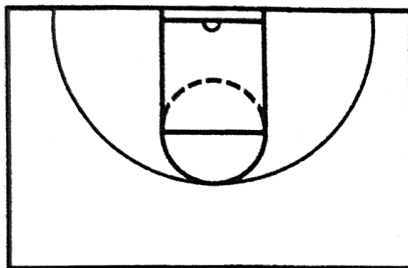
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CLINIC 5 MAN BREAK
DATE _____



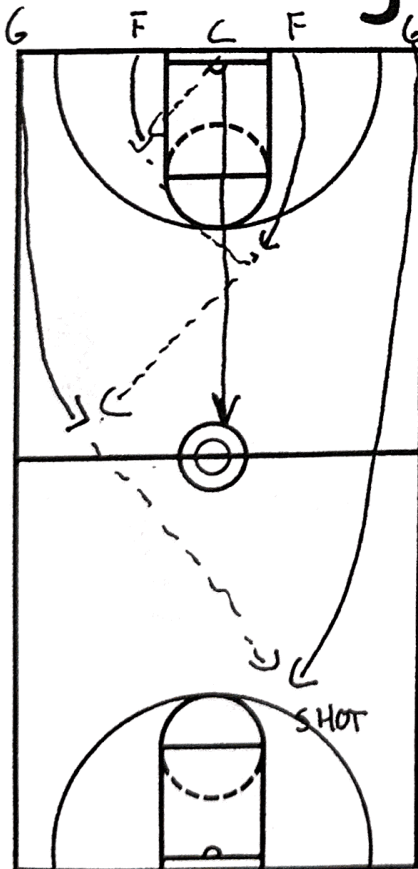
NOTES

* ANY MISTAKES RESTART!!!



NOTES

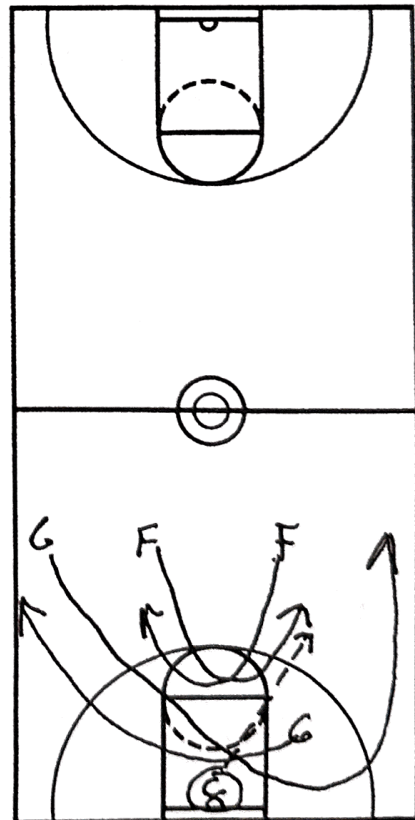
JUST DO IT



NOTES

- GUARDS MUST CROSS UNDERNEATH
- FORWARDS MUST CROSS AT FREE THROW LINE
- CENTER REBOUNDS & OUTLETS

- UP & BACK IS 1 TRIP. GO UP TO 3 TRIPS EVERYONE CROSS & DO SAME THING GOING BACK



When Pressured on SLOB

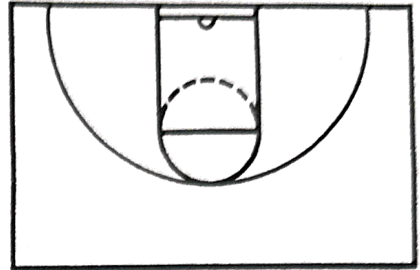
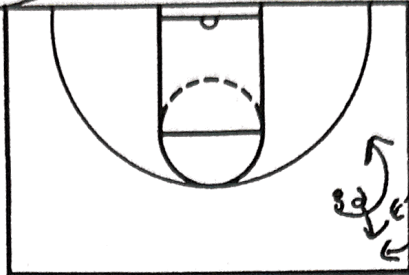
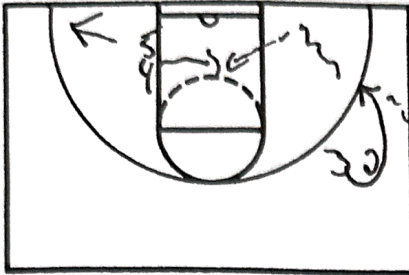


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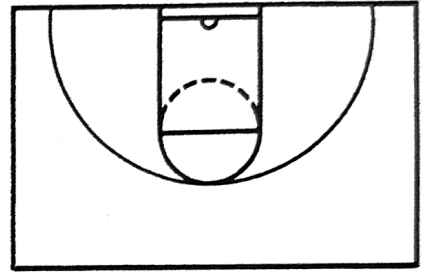
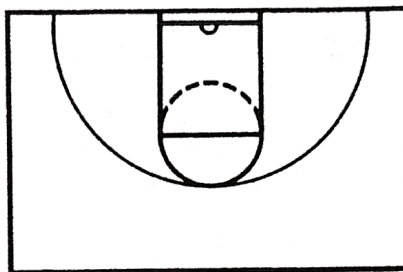
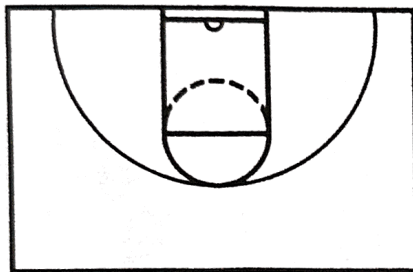
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Hubie Day 2



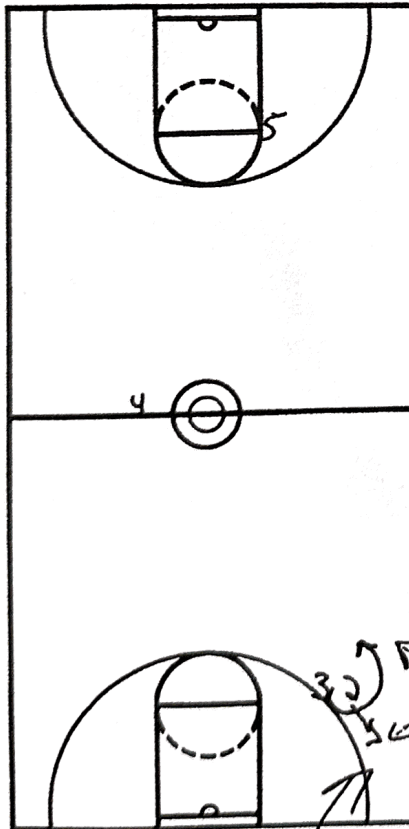
NOTES IF hit 3 man
DRIFT or midpass
get

- #1 hit 2 + come
get it.



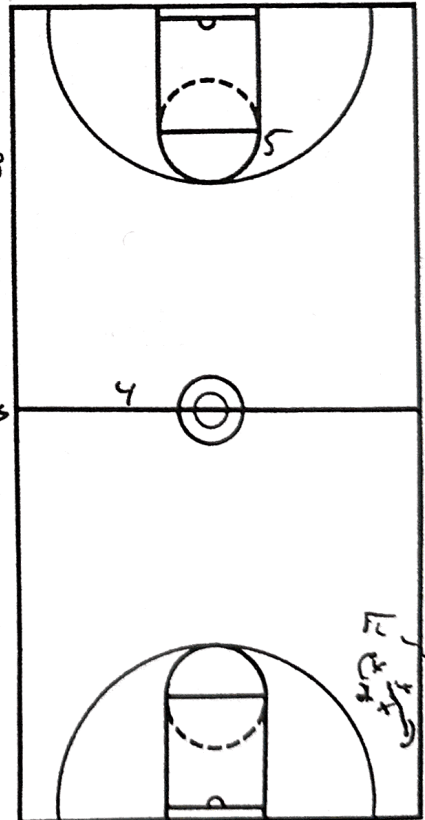
NOTES

JUST DO IT after every Time Out



NOTES

- After every time out / Dead Ball Surprise the other team by picking PG up.
- They always stack in case.
- What if 3 players surround your guys & past concepts → when guard wants to get pen



Interchangeable
- or
① Always open leads to a 3 and 2

2 left
with
guy
1st
cutters



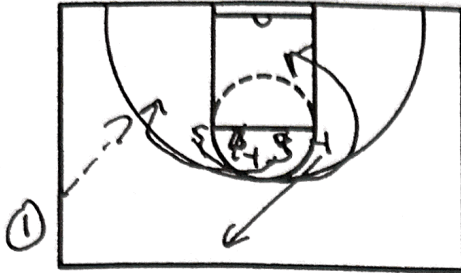
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Lakers Play

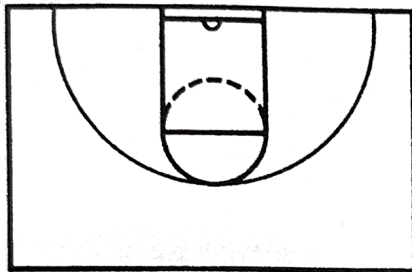
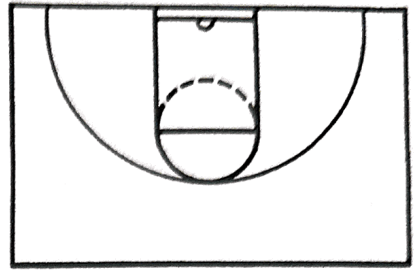
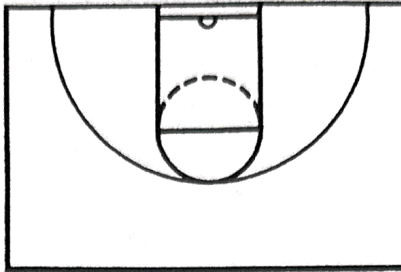
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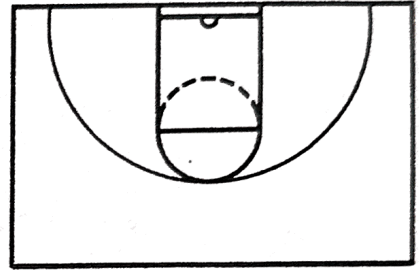
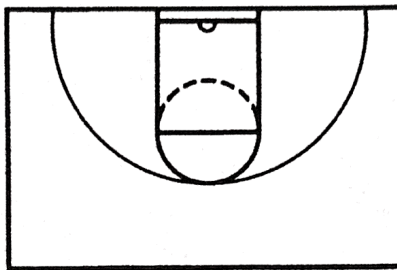
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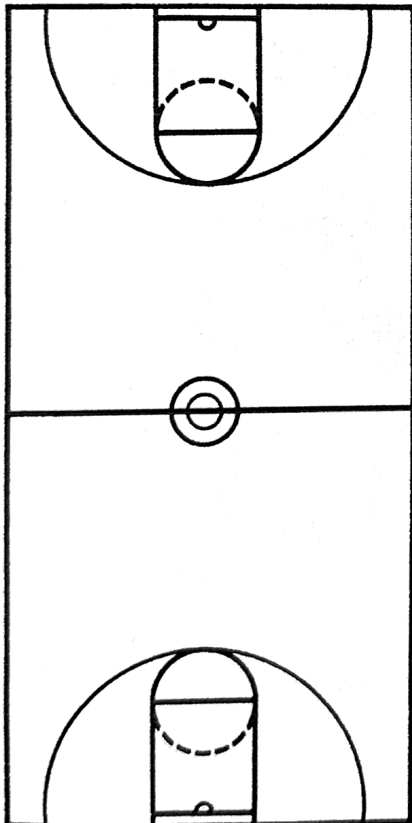
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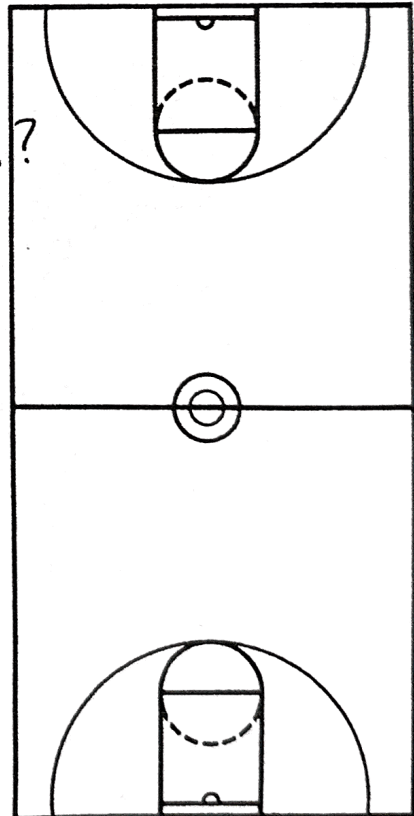


JUST DO IT



NOTES

- Do you play the ball out of bounds?
HUBIE SAYS
On Base Defender
can dictate where
the inbounds can't throw
it
- Ground the ball



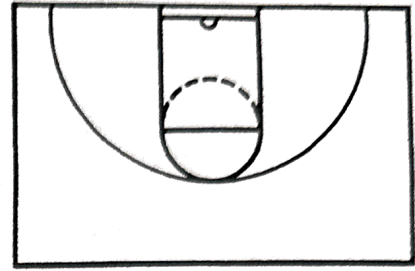
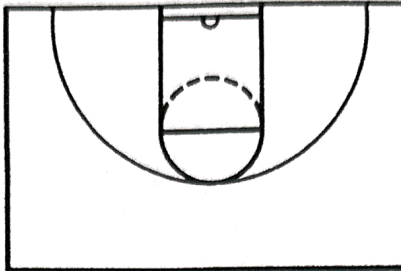
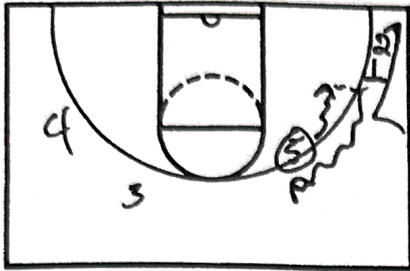
SLOB @ for 3

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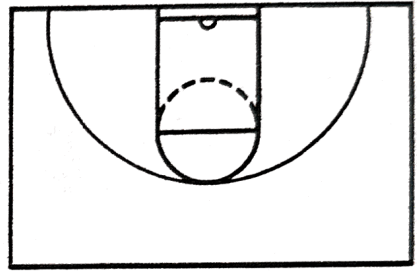
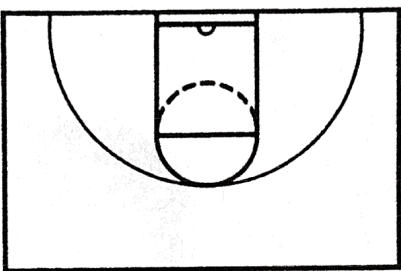
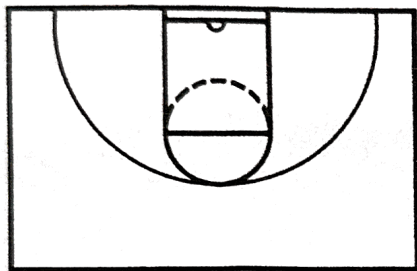


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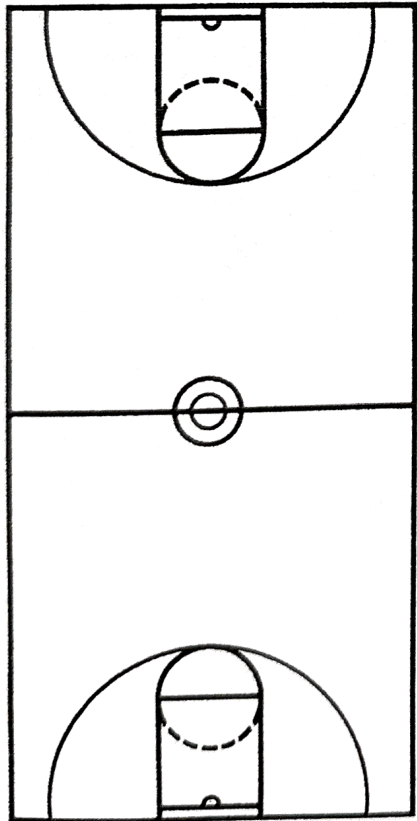


NOTES - DRIBBLE AT
Defender + Screen
- Clear screen (2)

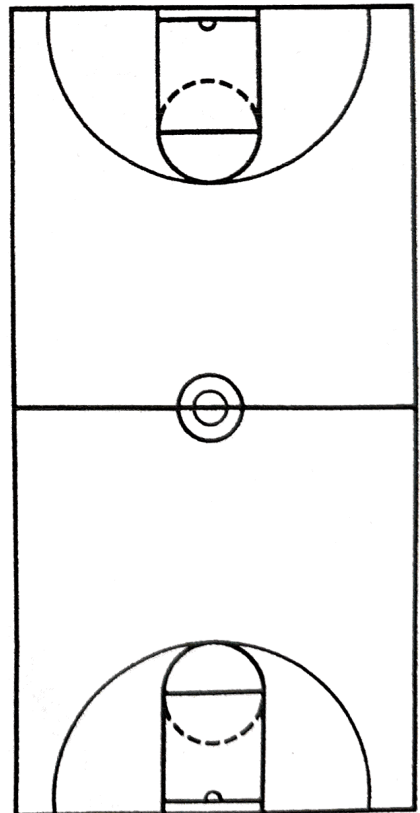


NOTES

JUST DO IT



NOTES





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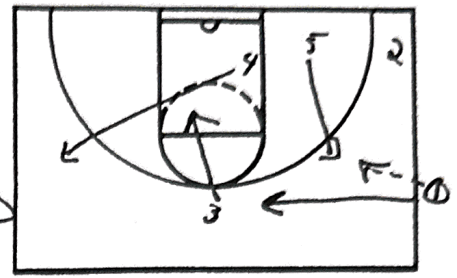
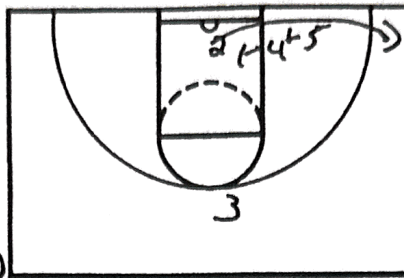
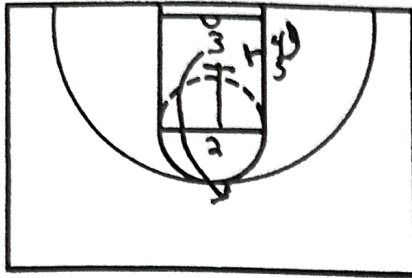
SLOT 3

Under 10 seconds
for quick
2

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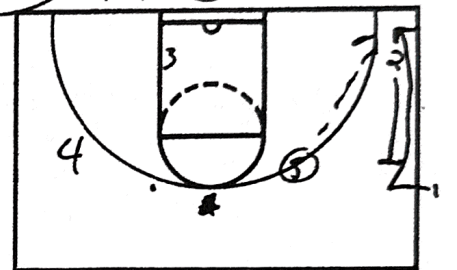
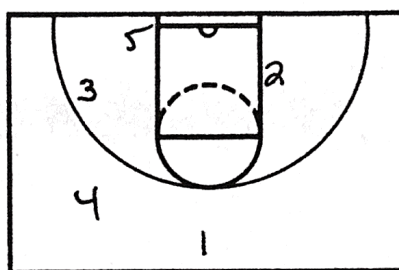
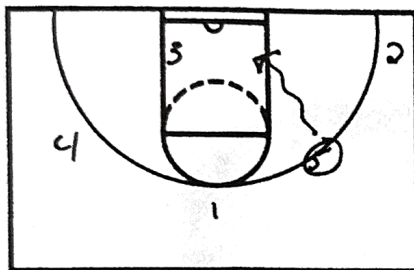
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NOTES
- 2 sets 3

- 3 Backdoor
- 5 must turn + show ball

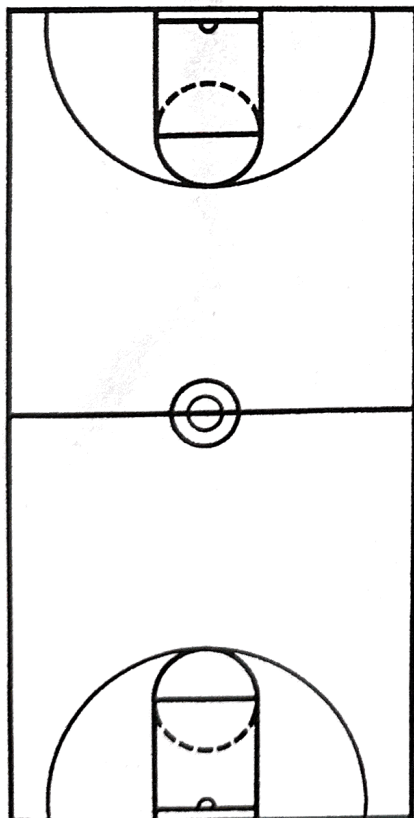


NOTES
- Lay it in + set
into press

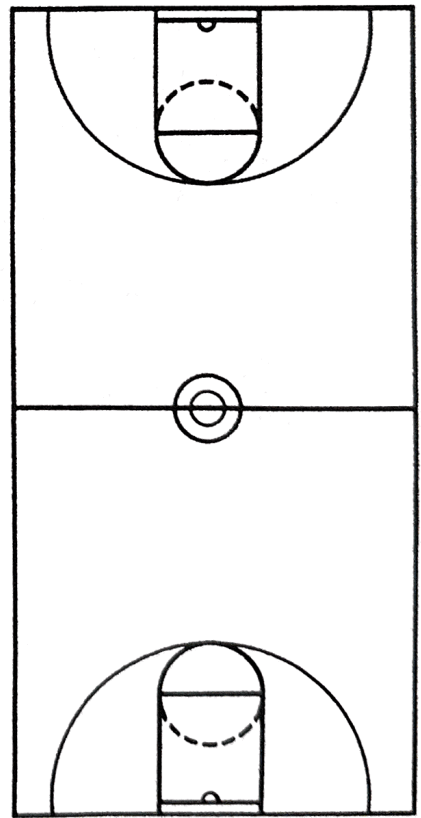
5 splits 1/2 man + the
Rest Deny

OR FOR "3"

JUST DO IT



NOTES



Full Count

under 5 sec
2 sec

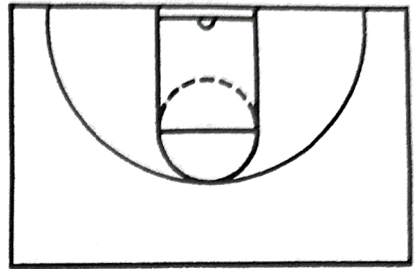
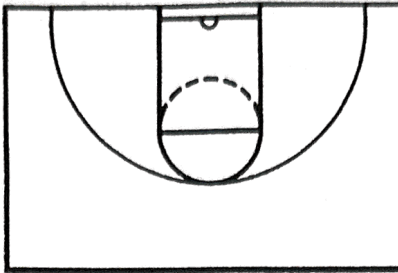
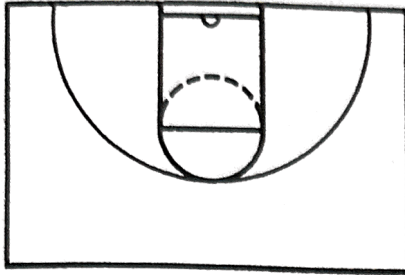
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HUBIE

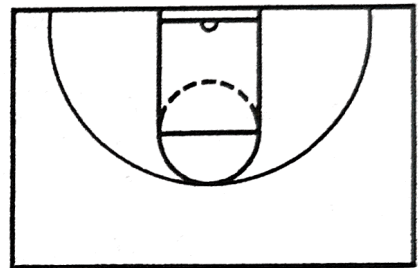
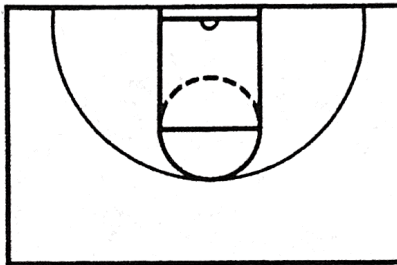
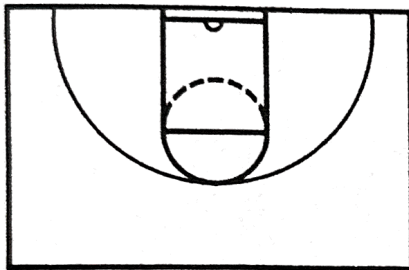


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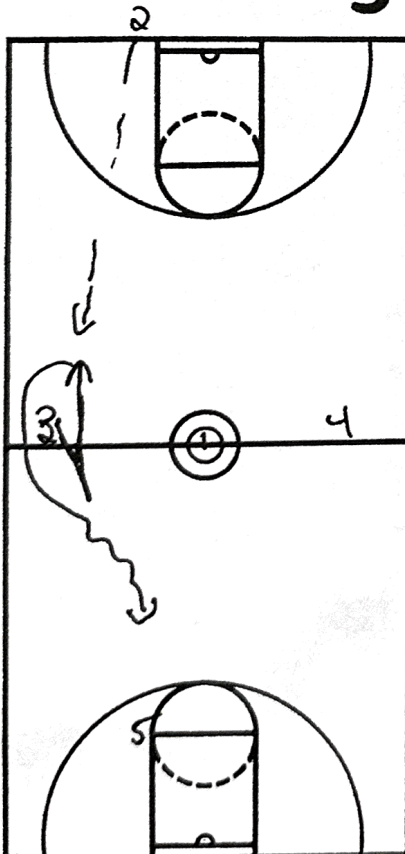


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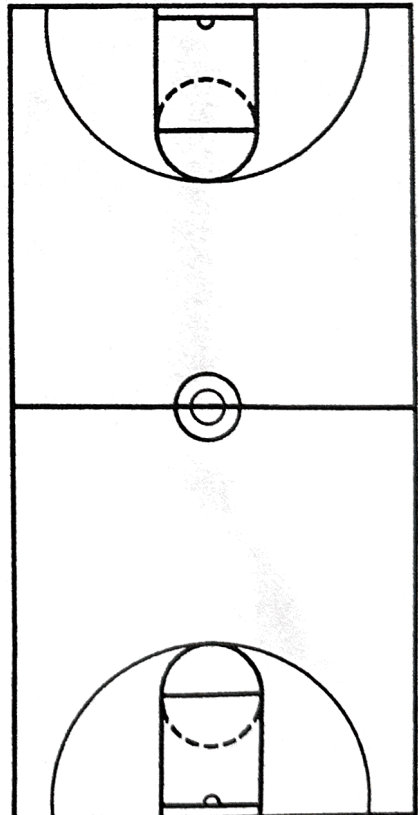
NOTES

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NOTES

- clock management





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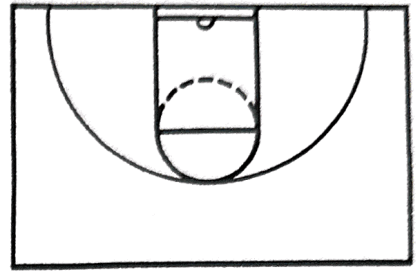
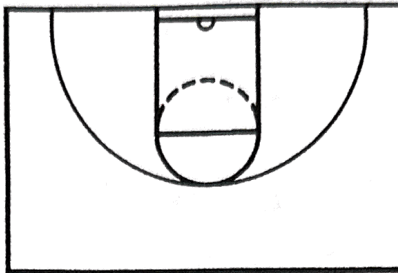
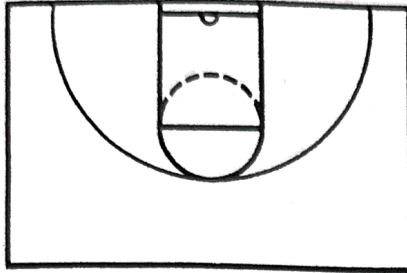
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JLOS VS Man
zone

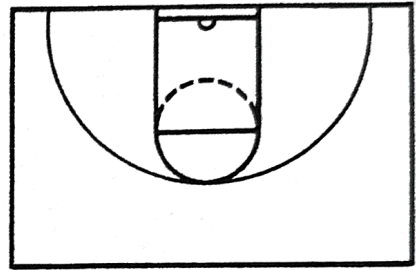
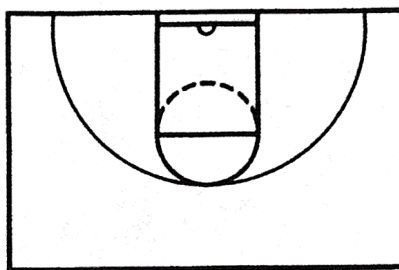
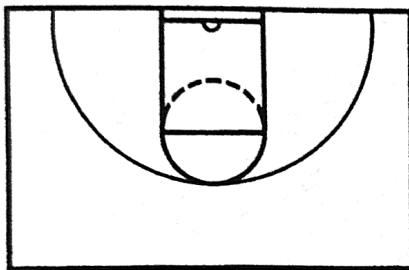
low time

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1 second

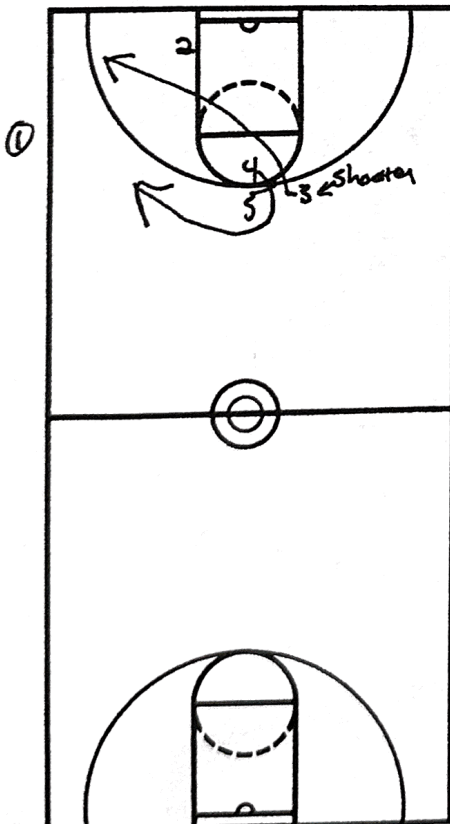


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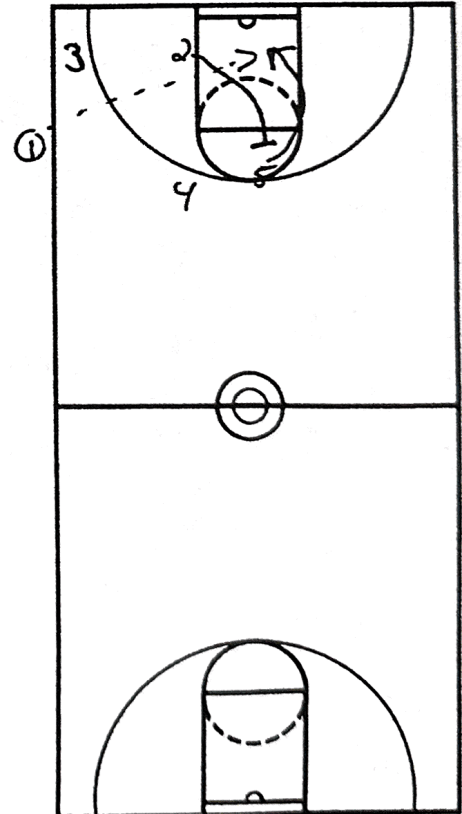
NOTES

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NOTES

- make 4 better shooter
- 5 least to expect



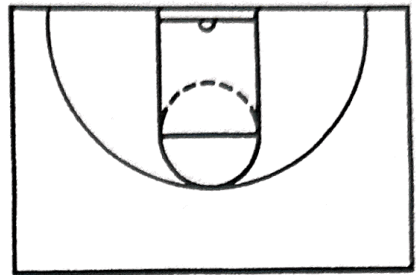
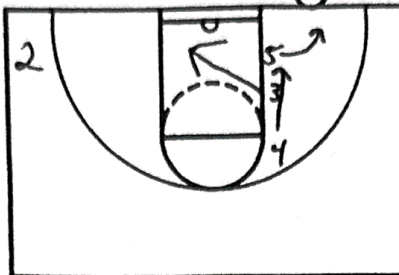
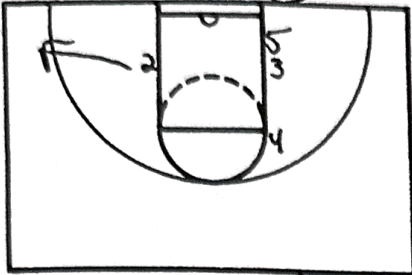


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①

"X"



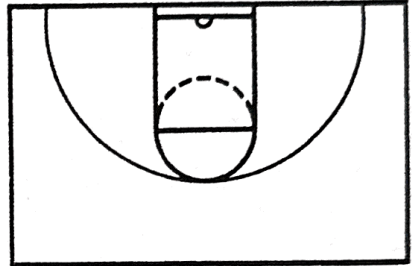
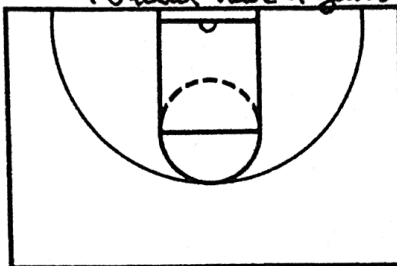
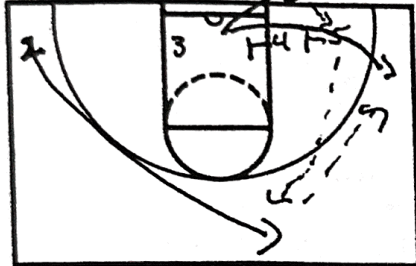
NOTES - Before ball handed to rebounder

- 5 midpoint & turns
- 3 dives to left side looking for bounce pass
- 4 dives for pass from 1 4 should have a guard on him

②

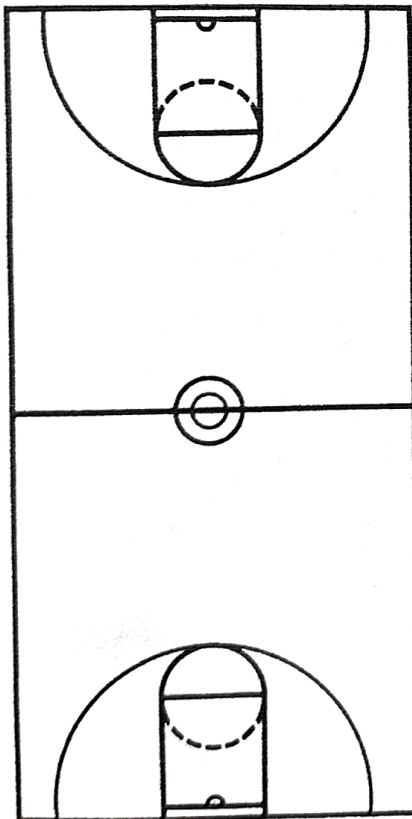
(SAME PLAY)

Wait a 3



NOTES for a 3

JUST DO IT



NOTES

- 1 Space
- 2 Reverse Ball
- 3 Need short & long pass
- 4 When you leave & area replace

